

## INDEX

S.No. No.	Contents	Page
1.	Preface	2
2.	General Guidelines	3
3.	Guidelines for Assessments	4
4.	Schedule of distribution of units in the syllabus	6
5.	<u>Syllabus in Detail :</u>	
	• English	7
	• Hindi	10
	• Mathematics	12
	• Science	14
	• Social Science	16
	• Sanskrit	18
	• Computer Science	21
	• General Knowledge	22
	• Art & Craft	22
	• Music	23
	• Dance	23
	• Physical Education	24
	• Value Education	25
	• Life Skills	25

## PREFACE

Curriculum planning is a continuous process. It is crucial in the context of education and plays an important role in bringing out desirable social, economic and cultural changes. By designing relevant and detailed syllabi for different stages of school education an important link is established between educational objectives and the expected developmental goals in a systematic and graded manner.

It is imperative to consider the various issues and concerns in education and relate them to social, economic and cultural issues along with numerous other issues related to environment, industry, agriculture conservation of natural resources, defence, health, nutrition and population and give fresh look to these issues while designing syllabus in an integrated manner. There is also an urgent need to address some other educational concerns like eliminating imbalances, facing the impact globalization, meeting the challenges of information and communication technology, linking education with life-skills and harnessing education for value development. Emphasis is laid on the process of learning and developing necessary academic and social skills more than acquisition of facts.

The National Curriculum Framework for school Education recommends a common scheme of studies for the upper primary stage (3 years) with emphasis on the skills of learning. This scheme of studies is as follows :

1. Three Languages - mother tongue / regional language, modern Indian language and English
2. Mathematics
3. Science and Technology
4. Social Science
5. Work Education
6. Art Education - Fine Art, Visual and Performing
7. Health and Physical Education

The prescribed syllabus is an excellent course designed under the new norms of the NCERT Syllabus and guidelines. It holds a modern approach of teaching for the development of a young and creative mind. The illustrations and fun filled activities along with the class room teaching facilities the learners to develop power of thinking and analyzing. The syllabus is designed so that the assessment system, child's Psychology, period distribution quality grasping and activities goes hand in hand systematically.

## GENERAL GUIDELINES FOR THE STUDENTS

1. Students should be present in the class at the start of the period and reach in time for all other activities and functions.
2. Attendance on the last day of school before vacation and first day of the school after vacations is absolutely essential.
3. Students are required to behave politely at all times and should not use indecent languages or, indulge in fights and quarrels with other children in the school. Any behaviour likely to hurt others in the matter of language, religion or community is strictly prohibited.
4. Children should refrain themselves from the following activities :  
Spitting in or near the school building, disfiguring or otherwise damaging the school property, any form of rowdyism and rude behaviour.
5. No students should scratch or damage the school property or write or draw on the walls or cause damage in any way to any item belonging to the school or to others in the school. Any damage done will render the students liable for recovery of damages.
6. In the absence of the teacher from the classroom students are required to observe silence and obey the monitor of the class.
7. Every student should have his/her own textbook, stationery and other material required for studies, Articles should not be exchanged, nor should money be borrowed or lent.
8. A student who uses unfair means in the examination will render himself/herself liable to such punishment as is considered necessary by the Principal/Co-ordinator.
9. The general behaviour of the students should be good not only within the school but also outside. Any reported objectionable conduct within or outside the school will make the student liable for disciplinary action.
10. Every student should take care of his/her personal belongings, School authorities will not be responsible for loss of such belongings.
11. It is the duty of all students to keep their classrooms and other places in and around the school clean and in order. All waste paper and other discardable materials should be thrown in the dustbin.
12. No student is allowed to write on the black board unless asked to do so by the teacher.
13. Before leaving the class room at the end of the day they should arrange the desks and chairs in proper order, put off the lights and fans, close the windows, throw the waste and unwanted materials into the dustbin and then leave the class room.
14. A student should come to the school in proper uniform which should be properly washed & ironed.
15. A student should greet/wish everybody with a pleasant smile.
16. Violation of the rules and regulations of the school and the code of conduct will render the concerned student liable to punishment including removal from the rolls of the school.

In view of circular no. CBSE/ACAD/5/17 dated 31.01.17 and circular no. ACAD/14/2017 dated 21.03.2017 received from CBSE, the school has remodelled the scholastic and co-scholastic assessment pattern for the academic year 2020-21.

### **SCHOLASTIC & CO-SCHOLASTIC ASSESSMENT PATTERN FOR ASSESSMENT YEAR 2020-21**

#### **SCHOLASTIC ASSESSMENT**

Written Examination 80 Marks	Subjects of Study	Syllabus Coverage	Internal Assessment (20 Marks)				
			Periodic Tests	Notebook Portfolio	Subject Enrichment Activities	Multiple Assessment	
			5 Marks	5 Marks	5 Marks	5 Marks	
<b>TERM-1</b>	English	Entire Syllabus			Speaking & Listening Skills		
April'20 - Sept.'20	Hindi	covered from April'20 to Sept.'20 in term-1	2 Rounds of PA	Regularity - 2 Marks	Speaking & Listening Skills	Quiz	
Half Yearly Exams - 80 Marks	3rd Language		carrying 20 marks each.	Assignment Completion-2 Marks	Speaking & Listening Skills	MCQ's	
	Mathematics		The above will be	Neatness & upkeep of	Maths Lab Practical	Orals	
	Science		reduced to 5 marks.	notebooks - 1 Mark	Practical Lab work	Extempore	
	Social Science				Project work	Science Seminar	
	Computer Science		Grade only				Role Plays
	General Awareness						Presentations
Qualifying Marks - 40% i.e. 32/80			Qualifying Marks 2/5	Qualifying Marks 2/5	Qualifying Marks 2/5		
TOTAL OF TERM - 1							
Written Exam + Int. Assessment							
<b>32/80 + 4/10 + 2/5 + 2/5 = 40/100</b>							
<b>TERM-2</b>	English	30% of 1 <sup>st</sup> term			Speaking & Listening Skills		
(Oct.'20 - Feb./March'21	Hindi	syllabus covering significant topics and entire syllabus of 2 <sup>nd</sup> term.	2 Rounds of PA	Regularity - 2 Marks	Speaking & Listening Skills	Quiz	
Annual Exams - 80 Marks	3rd Language		carrying 20 marks each.	Assignment Completion- 2 Marks	Speaking & Listening Skills	MCQ's	
	Mathematics		The above will be	Neatness & upkeep of	Maths Lab Practical	Orals	
	Science		reduced to 5 marks.	notebooks - 1 Mark	Practical Lab work	Extempore	
	Social Science				Project work	Science Seminar	

Written Examination 80 Marks	Subjects of Study	Syllabus Coverage	Internal Assessment (20 Marks)																					
			Periodic Tests	Notebook Portfolio	Subject Enrichment Activities	Multiple Assessment																		
			5 Marks	5 Marks	5 Marks	5 Marks																		
	Computer Science	}				Role Plays																		
	General Awareness					Presentations																		
Qualifying Marks - 40% i.e. 32/80			Qualifying Marks 2/5	Qualifying Marks 2/5	Qualifying Marks 2/5																			
TOTAL OF TERM - II																								
Written Exam + Int. Assessment																								
<b>32/80 + 4/10 + 2/5 + 2/5 = 40/100</b>																								
Annual Average :			Average will be taken	Average will be taken	Average will be taken																			
			and marked out of 5	marked out of 5	and marked out of 5																			
Equal weightage (i.e.) (50% weightage) will be given to Term-1 and Term-2 result for being eligible for promotion to next class.																								
<p>1. All the scholastic assessments will be graded on a 8 point grading scale, as per the grading scale given below :</p> <table> <thead> <tr> <th>Marks Range</th> <th>Grade</th> </tr> </thead> <tbody> <tr> <td>91-100</td> <td>A1</td> </tr> <tr> <td>81-90</td> <td>A2</td> </tr> <tr> <td>71-80</td> <td>B1</td> </tr> <tr> <td>61-70</td> <td>B2</td> </tr> <tr> <td>51-60</td> <td>C1</td> </tr> <tr> <td>41-50</td> <td>C2</td> </tr> <tr> <td>33-40</td> <td>D</td> </tr> <tr> <td>32 &amp; Below</td> <td>E (Needs Improvement)</td> </tr> </tbody> </table> <p>2. There will be no upscaling of the grades.</p> <p>3. Subject enrichment activity will be carried out regularly and the assessment would be conducted before the Half Yearly Exams and Annual Exams.</p> <p>4. Note book observation/assessment would be carried out regularly.</p> <p>5. The syllabus for the unit test will be in accordance with the syllabus covered before the unit test.</p>							Marks Range	Grade	91-100	A1	81-90	A2	71-80	B1	61-70	B2	51-60	C1	41-50	C2	33-40	D	32 & Below	E (Needs Improvement)
Marks Range	Grade																							
91-100	A1																							
81-90	A2																							
71-80	B1																							
61-70	B2																							
51-60	C1																							
41-50	C2																							
33-40	D																							
32 & Below	E (Needs Improvement)																							
<b><u>CO-SCHOLASTIC ASSESSMENT</u></b>																								
<p>In our endeavour to promote a holistic development of the students, inculcate good behaviour, sound values and foster unity and cooperation amongst them, they would be required to undertake the following activities.</p> <p>(a) Work Experience (b) Art Education (c) Health &amp; Physical Education (d) Discipline, Attendance, Attitude, Values &amp; Life Skills.</p> <p>All the above mentioned activities will be graded on a '3' point grading scale i.e. A-C.</p> <p>(A = Outstanding, B = Very Good, C = Fair)</p>																								

**UNIT WISE DISTRIBUTION OF THE SYLLABUS (2020-21)****CLASS-VIII**

Units	Dates		No. of Days
	From	To	
Unit 1	30.03.2020	18.04.2020	13
Unit 2	20.04.2020	01.05.2020	10
Unit 3	04.05.2020	15.05.2020	09
<b>Summer Vacation</b>	<b>18.05.2020</b>	<b>26.06.2020</b>	
Unit 4	29.06.2020	10.07.2020	11
Unit 5	13.07.2020	24.07.2020	10
Unit 6	27.07.2020	07.08.2020	09
Unit 7	10.08.2020	21.08.2020	09
Unit 8 & Rev.	24.08.2020	11.09.2020	15
<b>Half Yearly Exams</b>	<b>14.09.2020</b>	<b>25.09.2020</b>	
Unit 9	28.09.2020	16.10.2020	15
Unit 10	19.10.2020	21.11.2020	17 (Including Dussehra & Diwali Break)
<b>Autumn Break</b>	<b>22.10.2020</b>	<b>25.10.2020</b>	
Unit 11	23.11.2020	05.12.2020	10
Unit 12	07.12.2020	24.12.2020	13
<b>Winter Break</b>	<b>25.12.2020</b>	<b>06.01.2021</b>	
Unit 13	07.01.2021	15.01.2021	07
Unit 14	18.01.2021	30.01.2021	10
Unit 15 & Rev.	01.02.2021	12.02.2021	10
<b>Annual Exams</b>	<b>15.02.2021 onwards (Tentative)</b>		

**ASSESSMENT SCHEDULE :**

Assessment	Dates	
	From	To
Periodic Asst. 1	20.04.2020	13.07.2020
Periodic Asst. 2	20.07.2020	24.08.2020
<b>Half Yearly Exams</b>	<b>14.09.2020</b>	<b>25.09.2020</b>
Periodic Asst. 3	12.10.2020	07.12.2020
Periodic Asst. 4	14.12.2020	01.02.2021
<b>Annual Exams</b>	<b>15.02.2021 onwards (Tentative)</b>	

<b>ENGLISH</b>
----------------

**Prescribed Books :**

1. Honeydew                      Publication : NCERT
2. It so happened              Publication : NCERT
3. The English Channel Course Book  
Publication : By Britannica (India) Pvt. Ltd

**General Objectives :**

- ❖ To enable the students :
- ❖ To communicate effectively and appropriately in real life situation.
- ❖ To develop interest in and appreciation of.
- ❖ To listen, understand and communicate using English in a variety of topics.
- ❖ To read, enjoy and appreciate written English materials.
- ❖ To develop an awareness of the importance of the English language as an international means of communication in order to benefit from it.
- ❖ To develop and integrate the use of the four language skills i.e. Reading, Listening, Speaking and Writing;
- ❖ To develop students insight into the structure of English Language.

**Specific Objectives :**

## A) Receptivity :

- (1) Reading Skills : The ability to read English with understanding

**The student is able to :**

- (i) understand the total content and underlying meaning in the context;
- (ii) follow sequence of ideas, facts etc.
- (iii) identify and understand phrase or sentence groups;
- (iv) draw inferences and predict outcomes;
- (v) grasp meaning of words and sentences and

acquire the ability to use a suitable dictionary;  
(vi) form the habit of reading for pleasure and information;

(vii) develop correct reading habits, silently, extensively and intensively;

(viii) comprehend material other than the prescribed text; and comment on the passages read.

(2) Listening Skills : The ability to understand English when it is spoken.

**The student is able to :**

(i) understand meaning of words, phrases and sentences in context;

(ii) understand statements, questions, instructions, and commands;

(iii) follow directions, simple narratives and description given orally;

(iv) grasp the substance and central idea of what is heard;

(v) listen and understand radio broadcasts, T.V. Programmes; and

(vi) maintain his/her listening attention for a reasonable length of time.

**B) Expression :**

(1) Speaking Skills : The ability to speak intelligibly.

**The Student is able to :**

(i) pronounce English Correctly and intelligibly;

(ii) use appropriate word stress, sentence stress and elementary intonation patterns;

(iii) speak intelligibly while making statements, asking question, giving instructions and commands, reporting events.

(iv) put ideas sequentially;

(v) narrate simple experiences and series of events to convey its essence and intention and

(vii) converse in familiar social situations.

(2) Writing Skills : The ability to write English correctly.

**The student is able to :**

(i) master the Mechanics of writing; the use of correct punctuation marks and capital letters;

(ii) spell words correctly, write neatly and legibly

(iii) complete accurately and fluently semi controlled compositions like stories, events, processes etc;

(iv) write description of people, places and things and respond imaginatively to textual questions;

(v) write paragraphs, letters. (Personal and official) simple, narrative pieces, reports, notices, messages, diary entries etc;

(vi) make notes and summarize, edit written material and expand notes.

C) Attitudinal Change : Through the course, the student should be able to - imbibe ethical, moral, national and cultural values through various forms of.

D) Creative Expression-During the course, the student should be enabled to write an original, dialogue, story one-act play, poems etc.

Subject to minor changes due to unavoidable circumstances

**Unit 1            30.03.2020 to 18.04.2020            (13)**

Honeydew : Unit 1 : The Best Christmas present in the World (Story) & The Ant and the Cricket (Poem)

Grammar : Part of Speech

W. Skills : Notice writing

Art Integration :

1. Debate on "If wars are the only ways to resolve conflict".

2. Draw out the central idea of the poem 'The

<p>Ant and the Cricket'.</p> <p>3. Grammar Auction (Group Activity for all range of learners)</p> <p>4. Groups would be formed and distributed the role of 5 W's and frame a notice on the subject given.</p> <p><b>Unit 2 20.04.2020 to 01.05.2020 (10)</b> It So Happened : Unit 1 : How the Camel got his hump MCB : One Summer Night Grammar : Parts of Speech (contd.) W. Skills : Biography Writing Art Integration : 1. Make a poster on ' Importance of Hard Work' 2. Word Game 3. use various resources to conduct research and complete a Biography Book Report Graphic Organizer.</p> <p><b>Unit 3 04.05.2020 to 15.05.2020 (09)</b> It So Happened : Unit 2 : Children at Work MCB : Retrieved Reformation Grammar : Subject Verb Concord W. Skills : Biography Writing (Contd.) Art Integration : 1. Delivering a speech to convince and encourage others to reflect on 'Plight of poor Children'. 2. Worksheets for all range of learners. 3. use various resources to conduct research and complete a Biography Book Report Graphic Organizer.</p> <p><b>Unit 4 29.06.2020 to 10.07.2020 (11)</b> Honeydew : Unit 2 The Tsunami (Story ) Geography Lesson (Poem ) MCB : Portrait of a Prince It So Happened : Unit 3 : The Selfish Giant- Grammar : Tense W. Skills : Formal Letter</p>	<p>Art Integration :</p> <p>1. A PPT on Natural Disaster. (Announcement on Natural Disaster.</p> <p>2. Engage in conversation with survivors/ Interviews</p> <p>3. Speak about the incident .</p> <p>4. Worksheet for all range of learners.</p> <p>5. Word Game</p> <p>6. Writing Assignments</p> <p><b>Unit 5 13.07.2020 to 24.07.2020 (10)</b> Honeydew : Unit 3 : Glimpses of the Past (Story) Macavity : The Mystery Cat (Poem ) MCB : The Ballad of Rumm It So Happened : Unit 4 :The treasure within Grammar : Tense (contd.) W. Skills : Formal Letter (contd.) Art Integration : 1. Narrate stories of freedom fighters. 2. Interpret sayings and quotation of freedom fighter. 3. Worksheets. 4. Word Game 5. Writing Assignments</p> <p><b>Unit 6 27.07.2020 to 07.08.2020 (09)</b> Honeydew : Unit 4 : Bepin Choudhary's Lapse of Memory (Story ) The Last Bargain (Poem) MCB : A Special Request It So Happened : Unit 5 : Princess September Grammar : Reported Speech W. Skills : Article Writing Art Integration : 1. Develop a skit on 'Friendship' 2. Project on 'Reported Speech'. 3. Article Writing on facts(based on research) 4. Article Writing deriving ideas from interviews.</p>	<p>5. Article Writing based on Bravery and Will Power.</p> <p><b>Unit 7 10.08.2020 to 21.08.2020 (09)</b> Honeydew : Unit 5 The Summit Within (Story) and The School Boy (Poem) MCB : Feelings Grammar : Reported Speech (contd.) W. Skills : Article Writing (contd.) Art Integration : 1. Prepare a travelogue. 2. Narrate stories of adventure 3. Project on Reported Speech 4. Article Writing on facts(based on research) 5. Article Writing deriving ideas from interviews. 6. Article Writing based on Bravery and Will Power.</p> <p><b>Unit 8 &amp; Rev. 24.08.2020 to 11.09.2020 (15)</b> MCB : Just for Fun Revision Test, Mock/ Sample Paper Test Art Integration : 1. Enactment of one-act plays . 2. Moral stories and one-act plays from Panchtantra.</p> <p><b>Unit 9 28.09.2020 to 16.10.2020 (15)</b> Honeydew : Unit 6 :This is Jody's Fawn (Story) The Duck and the Kangaroo (Poem ) It So Happened : Unit 6 : The fight MCB : Jeh', the Jewel of India Grammar : Voice W. Skills : Speech Writing Art Integration : 1. Poster Making on 'Save Animals' 2. Speech on " Peace is more powerful than violence " 3. Role Play delivering dialogues in the passive voice</p>
--	---	--



<p>4. Speech Writing on facts (based on research)</p> <p>5. Speech Writing (deriving ideas from interviews).</p> <p>6. Speech Writing based on Current Issues. (hints would be given)</p> <p><b>Unit 10 19.10.2020 to 21.11.2020 (17)</b> Honeydew : Unit 7 : A Visit to Cambridge (Story) and When I set out for Lyonesse (Poem)</p> <p>It So Happened : Unit 7 : The open window</p> <p>MCB : Be the Best of Whatever You Are</p> <p>Grammar : Integrated</p> <p>W.Skill : Story Writing</p> <p>Art Integration :</p> <ol style="list-style-type: none"> <li>1. Draw Character Sketch</li> <li>2. Worksheets and group activity for all range of learners.</li> <li>3. Writing tasks for all kinds of learners</li> </ol> <p><b>Unit 11 23.11.2020 to 05.12.2020 (10)</b> Honeydew : Unit 8 : A Short Monsoon Diary (Story) On the Grasshopper and Cricket (Poem)</p> <p>It So Happened : Unit 8 : Jalebis</p> <p>Grammar : Integrated</p> <p>W. Skills : Story Writing (contd.)</p> <p>Art Integration :</p> <p>Debate based on the theme 'Superstition'</p> <p>Art Integration :</p> <ol style="list-style-type: none"> <li>1. Worksheets.</li> <li>2. Group Activity</li> <li>3. Writing tasks for all kinds of learners.</li> </ol> <p><b>Unit 12 07.12.2020 to 24.12.2020 (13)</b> Honeydew : Unit 9 : The Great Stone Face-I</p> <p>It So Happened : Unit 9 : The comet-I</p> <p>MCB : The Eyes Have It</p> <p>Grammar : Integrated</p>	<p>W. Skills : Report Writing</p> <p>Art Integration :</p> <ol style="list-style-type: none"> <li>1. PPT on 'Disastrous Discoveries'</li> <li>2. Chapter Review</li> <li>3. Writing tasks for all range of learners</li> <li>4. Writing a report/letter to the editor on a recent disaster/metro with congruent newspaper clip.</li> </ol> <p><b>Unit 13 07.01.2021 to 15.01.2021 (07)</b> Honeydew : Unit 10 : The Great Stone Face-II</p> <p>It So Happened : Unit 10 : The comet-II</p> <p>Grammar : Editing, Omission and Jumbled sentences</p> <p>W. Skills : Report Writing (contd.)</p> <p>Art Integration :</p> <ol style="list-style-type: none"> <li>1. Role Play on 'MELLOWNESS OF HUMANISM WITH MAGNIFICENCE OF ART'</li> <li>2. Chapter Review</li> <li>3. Writing tasks for all range of learners</li> <li>4. Writing a report/letter to the editor on a recent disaster/metro with congruent newspaper clip.</li> </ol> <p><b>Unit 14 18.01.2021 to 30.01.2021 (10)</b> MCB : Atacama Desert Runner</p> <p>Grammar : Editing , Omission &amp; Jumbled sentences (contd.)</p> <p>Writing skill : Debate Writing</p> <p>Art Integration :</p> <ol style="list-style-type: none"> <li>1. writing a character sketch of two contrasting personalities.</li> <li>2. A diary entry on how you felt when Shylock got ready to cut the flesh from the body and how you felt when the judge stopped Shylock .</li> <li>3. Worksheets and group activity</li> <li>4. Ask for students' opinions pertaining to pop culture.</li> </ol>	<p>5. Agenda/Introduction -What is debate</p> <p>6. Public Forum (PF) format -Video PF sample</p> <p>7. Fact vs. Opinion .</p> <p><b>Unit 15 &amp; Rev. 01.02.2021 to 12.02.2021 (10)</b> Grammar : Integrated</p> <p>Writing skill : Debate Writing (contd.)</p> <p>Art Integration :</p> <ol style="list-style-type: none"> <li>1. Worksheets and group activity.</li> <li>2. Ask for students' opinions pertaining to pop culture.</li> <li>3. Agenda/Introduction-What is debate-Public Forum (PF) format-Video PF sample-Fact vs. Opinion</li> </ol> <p><b>ASSESSMENT SCHEDULE :</b></p> <p><b>Periodic Asst. 1 20.04.2020 to 13.07.2020</b> Reading : Unseen Comprehension Honeydew : The Best Christmas Present in the World (Story) The Ant and the Cricket (Poem)</p> <p>Grammar : Parts of Speech</p> <p>Writing skills : Notice writing</p> <p><b>Periodic Asst. 2 20.07.2020 to 24.08.2020</b> Reading : Unseen Comprehension Honeydew : BepinChoudhary's Lapse of Memory (Story) The Last Bargain(Poem)</p> <p>MCB : One Summer Night, Retrieved Reformation</p> <p>Grammar : Tenses , Parts of Speech</p> <p>Writing : Formal Letter</p> <p><b>Half Yearly Exams 14.09.2020 to 25.09.2020</b> Reading : Unseen Comprehension Honeydew : The Best Christmas Present in the World, The Ant and the Cricket, Bepin Choudhury's Lapse of Memory, The Summit Within.</p> <p>MCB : One Summer Night, A Retrieved</p>
---	--	--

<p>Reformation, Portrait of a Prince, The Ballad of Rumm , A Special Request.</p> <p>Grammar : Integrated Grammar, Tense, Reported Speech, Subject Verb Concord.</p> <p>Writing : Formal Letter, Notice Writing, Biography Writing Article Writing</p> <p><b>Periodic Asst. 3 12.10.2020 to 07.12.2020</b></p> <p>Reading : Unseen Comprehension</p> <p>Honeydew : A Visit too Cambridge (Story) When I set out for Lyonesse (Poem)</p> <p>MCB : Feelings, Just for Fun</p> <p>Grammar : Tense, Voice</p> <p>W. Skills : Speech Writing , Article Writing</p> <p><b>Periodic Asst. 4 14.12.2020 to 01.02.2021</b></p> <p>Reading : Unseen Comprehension</p> <p>Honeydew : A Short Monsoon Diary (Story ) On the Grasshopper and Cricket (Poem)</p> <p>MCB : 'Jeh', the Jewel of India</p> <p>Grammar : Integrated</p> <p>W. Skills : Story Writing, Report Writing</p> <p><b>Annual Exams 15.02.2021 onwards (Tenta.)</b></p> <p>Reading : Unseen Comprehension</p> <p>Honeydew : The Best Christmas Present in the World, The Ant and the Cricket, Bepin Choudhury's Lapse of Memory, The Last Bargain, The Summit Within, The School Boy, A Visit to Cambridge, When I set out for Lyonesse, A Short Monsoon Diary, On the Grasshopper and Cricket , The Great Stone Face-I, The Great Stone Face-II</p> <p>MCB : One Summer Night, A Retrieved</p>	<p>Reformation, Portrait of a Prince, The Ballad of Rumm, A Special Request, Just for Fun, Feelings, 'Jeh', the Jewel of India, Be the Best of Whatever You Are, The Eyes Have It, Atacama Desert Runner</p> <p>Grammar : Integrated, Editing, Omission, Jumbled Sentences</p> <p>Writing : Formal Letter, Article Writing, Story Writing, Debate Writing</p> <div style="text-align: center; border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;">हिन्दी</div> <p>प्रस्तावित पुस्तकें :</p> <ol style="list-style-type: none"> <li>वसंत-भाग-तीन प्रकाशक : एन.सी.ई.आर.टी.</li> <li>व्याकरण संबोध प्रकाशक : मधुबन</li> <li>पिटारा-पूरक पुस्तक प्रकाशक - पी.पी. प्रकाशन</li> </ol> <p><u>भाषा शिक्षण उद्देश्य :-</u></p> <p>विद्यार्थी की स्वाभाविक अभिव्यक्ति, कल्पना-शीलता, भाषिक कौशल और अपनी सोच को आसपास के परिवेश में ही विकसित करना । साथ ही अनुमान व सृजनशीलता का विकास करना ।</p> <p><b>Unit 1 30.03.2020 to 18.04.2020 (13)</b></p> <p>वसंत : पाठ 1 ध्वनि</p> <p>पाठ 2 लाख की चूड़ियाँ</p> <p>व्याकरण : पाठ: 1 भाषा, वर्णविचार</p> <p>पिटारा : पाठ 1 राजधर्म</p> <p>रचनात्मक : अनुच्छेद लेखन, पत्र लेखन ( अनौपचारिक )</p>	<p>गतिविधि : वसंत पर लिखी अन्य कविताओं का संकलन । लाख से बनने वाली वस्तुओं की जानकारी व कोलार्ज ।</p> <p><b>Unit 2 20.04.2020 to 01.05.2020 (10)</b></p> <p>वसंत : पाठ 3 बस की यात्रा</p> <p>पाठ 4 दिवानों की हस्ती</p> <p>व्याकरण : पाठ 2, 3 वर्तनी विचार, संधि-स्वर संधि</p> <p>पिटारा : पाठ 2 अपना अपना भाग्य</p> <p>रचनात्मक : पत्र लेखन, संवाद लेखन, अनुच्छेद लेखन ।</p> <p>गतिविधि : संयुक्त व्यंजनों से शुरू होने वाले नामों की सूची बनाइए । भगवती चरण वर्मा की अन्य कविता का सचित्र लेखन व कंठस्थीकरण ।</p> <p><b>Unit 3 04.05.2020 to 15.05.2020 (09)</b></p> <p>वसंत : पाठ 5 चिट्ठियों की अनूठी दुनिया</p> <p>व्याकरण : पाठ 4 शब्द विचार</p> <p>पिटारा : पाठ 3 ठाकुर का कुआँ</p> <p>रचनात्मक : विज्ञापन लेखन, चित्र वर्णन, पत्र लेखन ( औपचारिक )</p> <p>गतिविधि : मेघदूत-कालिदास द्वारा रचित काव्य का एक अंश उत्तर-पुस्तिका में लिखिए ।</p> <p><b>Unit 4 29.06.2020 to 10.07.2020 (11)</b></p> <p>वसंत : पाठ 6 भगवान के डाकिए</p> <p>वसंत : पाठ 7 क्या निराश हुआ जाए</p> <p>व्याकरण : उपसर्ग-प्रत्यय</p>
---	---	--

<p>पिटारा : पाठ 4 सेर को सवा सेर</p> <p>रचनात्मक : पत्र लेखन-अनौपचारिक, संवाद लेखन</p> <p><b>Unit 5</b> 13.07.2020 to 24.07.2020 (10)</p> <p>वसंत : पाठ 8 यह सबसे कठिन समय नहीं</p> <p>व्याकरण : पाठ 6 समास</p> <p>पिटारा : पाठ 5 इब्राहिम गार्दी</p> <p>रचनात्मक : विज्ञापन लेखन, चित्र वर्णन</p> <p>गतिविधि : बाल श्रम पर एक पी.पी.टी. तैयार कीजिए कविता भी लिख सकते हैं। अग्नि-पथ कविता का लेखन।</p> <p><b>Unit 6</b> 27.07.2020 to 07.08.2020 (09)</p> <p>वसंत : पाठ 9 कबीर की साखियाँ</p> <p>वसंत : पाठ 10 कामचोर</p> <p>व्याकरण : पाठ 6 संज्ञा, लिंग, वचन</p> <p>पिटारा : पाठ 6 छुट्टियों का इंतज़ार</p> <p>रचनात्मक : संवाद लेखन, पत्र लेखन-औपचारिक</p> <p>गतिविधि : कामचोर कहानी का चित्रकथा/नाट्य रूपांतरण कीजिए। कबीर के दोहे लेखन व कंठस्थीकरण।</p> <p><b>Unit 7</b> 10.08.2020 to 21.08.2020 (09)</p> <p>वसंत : पाठ 11 जब सिनेमा ने बोलना सीखा</p> <p>व्याकरण : पाठ 7 कारक</p> <p>पिटारा : पाठ 7 कितनी ज़मीन</p> <p>रचनात्मक : अनुच्छेद लेखन, सूचना लेखन</p> <p>गतिविधि : मूक चलचित्र आलमआरा व पुष्पकका कोलार्ज इंटरनेट के द्वारा।</p>	<p><b>Unit 8 &amp; Rev.</b> 24.08.2020 to 11.09.2020 (15)</p> <p>वसंत : पाठ 12 सुदामा चरित</p> <p>वसंत : पाठ 13 जहाँ पहिया है</p> <p>व्याकरण : पाठ सर्वनाम, मुहावरे</p> <p>पिटारा : पाठ 8 लक्ष्मी का साहस</p> <p>रचनात्मक : सूचना लेखन, संवाद लेखन, पत्र लेखन</p> <p>गतिविधि : मुहावरों का प्रयोग करते हुए एक कहानी लिखिए। साईकिल आंदोलन ( पी.पी.टी. )</p> <p><b>Unit 9</b> 28.09.2020 to 16.10.2020 (15)</p> <p>वसंत : पाठ 14 अकबरी लोटा</p> <p>व्याकरण : पाठ विशेषण, क्रिया-काल, वाच्य</p> <p>पिटारा : पाठ 9 बचपन की यादें</p> <p>रचनात्मक : विज्ञापन लेखन, पत्र लेखन-अनौपचारिक</p> <p>गतिविधि : संग्रहालयों की सूची तैयार करें।</p> <p><b>Unit 10</b> 19.10.2020 to 21.11.2020 (17)</p> <p>वसंत : पाठ 15 सूर के पद</p> <p>व्याकरण : पाठ 11 अविकारी शब्द</p> <p>पिटारा : पाठ 10 अगर नाक न होती</p> <p>रचनात्मक : अनुच्छेद लेखन, विज्ञापन लेखन, पत्र लेखन</p> <p>गतिविधि : गीता ग्रंथ के एक अंश का लेखन-सचित्र।</p> <p><b>Unit 11</b> 23.11.2020 to 05.12.2020 (10)</p> <p>वसंत : पाठ 16 पानी की कहानी</p> <p>व्याकरण : पाठ: 12 पद परिचय</p> <p>पिटारा : सिंदबाद की यात्रा</p>	<p>रचनात्मक : सार लेखन, चित्र वर्णन, पत्र</p> <p>गतिविधि : जलचक्र का कोलार्ज व लिखित जानकारी।</p> <p><b>Unit 12</b> 07.12.2020 to 24.12.2020 (13)</p> <p>वसंत : पाठ 17 बाज और साँप</p> <p>पाठ 18 टोपी</p> <p>व्याकरण : पाठ: वाक्य रचना, अशुद्धि-शोधन</p> <p>रचनात्मक : अनुच्छेद लेखन, सूचना लेखन</p> <p>गतिविधि : पाठ का कॉमिक रूप ( चित्र कथा )</p> <p><b>Unit 13</b> 07.01.2021 to 15.01.2021 (07)</p> <p>वसंत : पुनरभ्यास पाठ : 17, 18</p> <p>पुनरावृत्ति</p> <p>व्याकरण : विराम-चिह्न</p> <p>रचनात्मक : अनुच्छेद लेखन, सार लेखन, पत्र लेखन-औपचारिक</p> <p>गतिविधि : ऐसा अनुच्छेद या कहानी लिखिए जिसमें अधिक से अधिक लोकोक्तियों और मुहावरों का प्रयोग किया गया हो।</p> <p><b>Unit 14</b> 18.01.2021 to 30.01.2021 (10)</p> <p>अपूर्ण कार्य पूर्ण करवाया जाएगा।</p> <p><b>Unit 15 &amp; Rev.</b> 01.02.2021 to 12.02.2021 (10)</p> <p>पुनरावृत्ति</p> <p><b>ASSESSMENT SCHEDULE :</b> Periodic Asst. 1 20.04.2020 to 13.07.2020</p> <p>वसंत : पाठ: 1, 2</p> <p>व्याकरण : पाठ: 1, 2</p> <p>पिटारा : पाठ 1</p> <p>रचनात्मक : अनुच्छेद लेखन, पत्र लेखन</p>
--	---	--

<b>MATHEMATICS</b>
--------------------

पाठन: : अपठित गद्यांश  
 गतिविधि :  
 1. प्रकृति पर स्वरचित रचना-सचित्र  
 2. कार्टून द्वारा देश की किसी एक समस्या को उजागर कीजिए ।  
 3. श्रुतलेख-कोई दस शब्द ।  
**Periodic Asst. 2 20.07.2020 to 24.08.2020**  
 वसंत : पाठ: 3, 4, 5  
 व्याकरण : पाठ: वर्तनी विचार, संधि, वर्ण विच्छेद  
 पिटारा : पाठ: 2  
 रचनात्मक : अनुच्छेद लेखन, संवाद लेखन  
 पाठन: : अपठित गद्यांश  
 गतिविधि :  
 1. अपने किसी एक परिचित का साक्षात्कार ।  
 2. कवर्ग में आने वाले सभी व्यंजनों से पाँच-पाँच शब्द ।  
 3. श्रुतलेख-कोई दस शब्द ।  
**Half Yearly Exams 14.09.2020 to 25.09.2020**  
 वसंत : पाठ: 1 से 9  
 व्याकरण : पाठ: 1 से 6  
 पिटारा : पाठ: 1 से 5  
 रचनात्मक : अनुच्छेद लेखन, पत्र लेखन, विज्ञापन लेखन, संवाद लेखन, चित्र वर्णन ।  
 पाठन: : अपठित गद्यांश  
**Periodic Asst. 3 12.10.2020 to 07.12.2020**  
 वसंत : पाठ: 9, 10, 11

व्याकरण : पाठ: 6, 7  
 पिटारा : पाठ: 6  
 रचनात्मक : अनुच्छेद लेखन, चित्र वर्णन  
 पाठन: : अपठित गद्यांश  
 गतिविधि :  
 1. कबीर पर कोलार्ज  
 2. बारहखड़ी लेखन  
 3. श्रुतलेख-कोई दस शब्द ।  
**Periodic Asst. 4 14.12.2020 to 01.02.2021**  
 वसंत : पाठ: 12, 13, 14  
 व्याकरण : पाठ: 8, 9, 14  
 पिटारा : पाठ: 7  
 रचनात्मक : संवाद लेखन, विज्ञापन लेखन  
 पाठन: : अपठित गद्यांश  
 गतिविधि :  
 1. समसामयिक विषय पर कोलार्ज  
 2. स्वरचित कविता अथवा कहानी हेतु विज्ञापन तैयार कीजिए ।  
 3. मौखिक अभिव्यक्ति  
**Annual Exams 15.02.2021 onwards (Tenta.)**  
 वसंत : पाठ: संपूर्ण  
 व्याकरण : पाठ: संपूर्ण व्याकरण  
 पिटारा : पाठ: 6 से 10  
 रचनात्मक : अनुच्छेद लेखन, पत्र लेखन, विज्ञापन लेखन, संवाद लेखन, चित्र वर्णन ।  
 पाठन: : अपठित गद्यांश

**Prescribed Book :**

1. Mathematics Text Book (NCERT)
2. Exemplar (NCERT)
3. Empowering Mental Maths cum Practice book Publication : Pitambar Publications
4. Empowering Mathematics by Pitambar Publications

**General Objectives :**

- ☞ To make learning Mathematics enjoyable for the learners.
- ☞ To develop the logical and mathematical skills of the learners.
- ☞ To increase the competitive skills of the learners.
- ☞ To facilitates character-building and develops a sense of values in learners.
- ☞ To understand mathematical language including the symbols.
- ☞ To help the child to develop a better understanding of logic & appreciating the motion of proof.

**Unit 1 30.03.2020 to 18.04.2020 (13)**

Topics : Ch-1 Rational Numbers

Ch-10 Visualizing Solid Shapes

Learning Outcomes : Students would be able to :

1. Understand the concept and fundamental operations on rational numbers and its properties.
2. represent the rational no. on a no. line
3. compare & perform operation of rational numbers
4. Draw 2D representation of 3D objects
5. Have different views of 3D objects
6. Count vertices, edges and faces of 3D figures with flat faces

<p>7. Verify Eulers formula for polyhedrons Art Integration/Maths Lab Activity : To verify Euler's Formula for different polyhedrons by drawing figures.</p> <p><b>Unit 2 20.04.2020 to 01.05.2020 (10)</b> Topics : Ch-10 Visualising Solid Shapes (contd.) Ch-12 Exponents and Powers</p> <p>Learning Outcomes : Students would be able to :</p> <ol style="list-style-type: none"> <li>1. Write rational numbers with negative exponent</li> <li>2. Laws of exponent</li> <li>3. Scientific form of very small numbers using exponents</li> </ol> <p>Art Integration/Maths Lab Activity : Drawing a chart on laws of exponents.</p> <p><b>Unit 3 04.05.2020 to 15.05.2020 (09)</b> Topics : Ch-2 Linear Equations in One Variable</p> <p>Learning Outcomes : To enhance the knowledge of simple linear equations by making the learners understand the concept of equality, the value of the equations and the shifting of nos. from one side of the equation to the other side.</p> <p>Art Integration/Maths Lab Activity : Draw and Represent any five daily life situations in the form of linear equations and solve them.</p> <p><b>Unit 4 29.06.2020 to 10.07.2020 (11)</b> Topics : Ch-2 Linear Equations in One Variable (contd.) Ch-9 Algebraic Expressions and identities</p> <p>Learning Outcomes : Students would be able to :</p> <ol style="list-style-type: none"> <li>1. Identify algebraic expressions , its terms and factors of terms</li> <li>2. Identify like and unlike terms</li> </ol>	<p>3. Perform operations on algebraic expressions</p> <p>4. Use standard identities in solving algebraic expressions</p> <p>Art Integration/Maths Lab Activity : To verify : <math>a^2 - b^2 = (a - b)(a + b)</math>, <math>(a + b)(a + b)^2 = a^2 + 2ab + b^2</math></p> <p><b>Unit 5 13.07.2020 to 24.07.2020 (10)</b> Topics : Ch-9 Algebraic Expressions and identities (contd.) Ch- Understanding Quadrilaterals</p> <p>Learning Outcomes : Students would be able to :</p> <ol style="list-style-type: none"> <li>1. Identify Polygons</li> <li>2. Find interior angles and exterior angles of a polygon</li> <li>3. Identify different kinds of quadrilaterals</li> <li>4. State properties of parallelogram</li> <li>5. Distinguish between some special parallelograms</li> </ol> <p>Art Integration/Maths Lab Activity : To verify the angle sum property of a quadrilateral by paper cutting and pasting.</p> <p><b>Unit 6 27.07.2020 to 07.08.2020 (09)</b> Topics : Ch-3 Understanding Quadrilaterals (contd.) Ch-6 Square and Square Roots</p> <p>Learning Outcomes : Students would be able to find :</p> <ol style="list-style-type: none"> <li>1. Squares of numbers , their properties and patterns</li> <li>2. Square root of numbers by a) Prime factorization method Long division method</li> </ol> <p>Art Integration/Maths Lab Activity : To find the square of a two digit number by COLUMN METHOD</p> <p><b>Unit 7 10.08.2020 to 21.08.2020 (09)</b> Topics : Ch-7 Cube and Cube Roots</p>	<p>Learning Outcomes : Students would be able to find :</p> <ol style="list-style-type: none"> <li>1. Cubes of numbers , their properties and patterns</li> <li>2. Methods to test whether the given numbers are perfect cubes or not</li> <li>3. Cube root of numbers by Prime factorization</li> </ol> <p>Art Integration/Maths Lab Activity : To find the cube of a two digit number by COLUMN METHOD</p> <p><b>Unit 8 &amp; Rev. 24.08.2020 to 11.09.2020 (15)</b> Topics : Ch-11 Mensuration</p> <p>Learning Outcomes : Students would be able to find :</p> <ol style="list-style-type: none"> <li>1. Perimeter and area of square, rectangle and different types of quadrilaterals</li> <li>2. Lateral and TSA of cube , cuboid and cylinder</li> <li>3. Volume of cube, cuboid and cylinder</li> </ol> <p>Art Integration/Maths Lab Activity : To find the lateral surface area of a cylinder</p> <p><b>Unit 9 28.09.2020 to 16.10.2020 (15)</b> Topics : Ch-13 Direct and Inverse Proportion Ch-15 Introduction to Graphs</p> <p>Learning Outcomes : Students would be able to understand the concept of :</p> <ol style="list-style-type: none"> <li>1. Variation when both the quantities increase or decrease together (Direct variation)</li> <li>2. Variation when increase in one quantity brings decrease in other quantity and vice versa (Indirect variation)</li> <li>3. Numerical data through graphs</li> <li>4. Draw and read linear graphs</li> <li>5. Explain terms related with Cartesian system of co ordinate axes</li> <li>6. Plot points for different kinds of situations</li> </ol>
---	--	--

Art Integration/Maths Lab Activity : Plotting coordinates on a graph paper

**Unit 10 19.10.2020 to 21.11.2020 (17)**

Topics : Ch-15 Introduction to Graphs (contd)

Ch-16 Playing with Numbers

Learning Outcomes : Students would be able to :

1. Find generalised form of two digit and three digit numbers
2. Factors of sum and difference of a number and its reversed order number
3. Divisibility of numbers by 2 , 3 , 5 , 9 , 10 for a two or three digit number expressed in general form

Art Integration/Maths Lab Activity : Using numbers 1 to 9, make a  $3 \times 3$  magic square so that the sum of each row, each column and each diagonal is same

**Unit 11 23.11.2020 to 05.12.2020 (10)**

Topics : Ch-4 Practical Geometry

Learning Outcomes : Students would be able to construct quadrilateral when :

1. Four sides and one diagonal is given
2. Three sides and two diagonals are given
3. Three sides and two included angles are given
4. Two adjacent sides and three angles are given
5. Four sides and one angle is given

Art Integration/Maths Lab Activity : Construction of quadrilaterals

**Unit 12 07.12.2020 to 24.12.2020 (13)**

Topics : Ch-14 Factorisation

Ch-5 Data Handling

Learning Outcomes : Students would be able to

- a) Factorize Algebraic expressions by
- b) Finding common factors

c) Grouping of terms

d) Using Identities

e) Read bar graphs and double bar graphs

f) Arrange ungrouped data into groups and represent them through bar graphs

g) Construct and interpret pie charts

Art Integration/Maths Lab Activity :

Drawing of Histogram.

**Unit 13 07.01.2021 to 15.01.2021 (07)**

Topics : Ch-5 Data Handling (contd)

Art Integration/Maths Lab Activity :

Drawing Pie charts

**Unit 14 18.01.2021 to 30.01.2021 (10)**

Topics : Ch-8 Comparing Quantities

Learning Outcomes : Students would be able to :

1. Solve problems involving applications on percentage, profit and loss, overhead expenses, discount
2. Find difference between simple and compound interest
3. Arrive at the formulae for CI through patterns and use it for simple problems

**Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)**

Topics : Revision for Annual Exams

**ASSESSMENT SCHEDULE :**

**Periodic Asst. 1 20.04.2020 to 13.07.2020**

Topics : Ch- 1 Rational Numbers

Topics : Ch-10 Visualizing Solid Shapes

**Periodic Asst. 2 20.07.2020 to 24.08.2020**

Topics : Ch 12 Exponents and Powers

Topics : Ch- 2 Linear Equations in One Variable

**Half Yearly Exams 14.09.2020 to 25.09.2020**

Topics : Ch- 1; 2; 3; 6; 7; 9; 10; 12

**Periodic Asst. 3 12.10.2020 to 07.12.2020**

Topics : Ch-11- Mensuration

Topics : Ch-13 Direct and Inverse Proportions

**Periodic Asst. 4 14.12.2020 to 01.02.2021**

Topics : Ch- 14 Factorisation

Topics : Ch-16 Playing with Numbers

Topics : Ch-4 Practical Geometry

**Annual Exams 15.02.2021 onwards (Tenta.)**

Topics : Full Syllabus

## SCIENCE

**Prescribed Book :**

Science Text Book (NCERT)

**General Objectives :**

- ❖ To develop understanding of some basic principles and laws of science.
- ❖ To familiarize the learners with life processes, health and wellness, nutrition and human diseases.
- ❖ To provide scientific and technological literacy to the learners.
- ❖ To understand the processes that underline scientific principles.
- ❖ To make learners capable of applying basic scientific principles.
- ❖ To develop problem solving and decision making skills.
- ❖ To develop an attitude which would equip them to continue science and technology education throughout life.

**Specific Objectives :**

To enable students to :

- ◆ explore surroundings ( e.g. field trip for some concepts such as Crop production and management)
- ◆ record observations about tensile strength of various fibres, and draw inference
- ◆ to enable students to present information in tabular form (Study the time period of pendulum)

<ul style="list-style-type: none"> <li>◆ Perform experiments based on concepts such as principles of light.</li> <li>◆ Demonstrate values imbibed by them through the topic (Seminar on pollution , causes and its effects)</li> <li>◆ To make students understand applications of basic scientific principles to solve problems related to daily life.</li> <li>◆ To develop an attitude which would equip them to continue science and technology education throughout their life.</li> </ul> <p><b>Unit 1      30.03.2020 to 18.04.2020      (13)</b> Topic      : L-13 Sound</p> <p>Art Integration :</p> <ul style="list-style-type: none"> <li>• To Study the time period of pendulum, Diagram of structure of ear</li> </ul> <p>Activity : Classification of musical instruments Learning Outcomes : The learner</p> <ul style="list-style-type: none"> <li>• explains processes and phenomenon, e.g., production and propagation of sound</li> <li>• constructs models using materials from surroundings and explains their working, e.g. ektara.</li> </ul> <p><b>Unit 2      20.04.2020 to 01.05.2020      (10)</b> Topic      : L-16 Light</p> <p>Art Integration :</p> <p>To verify the laws of reflection, Multiple Image, visit to the science park for observation of persistence of vision. Diagram showing types of reflection. Activity : To study image formation by mirrors Learning Outcomes : The learner</p> <ul style="list-style-type: none"> <li>• measures angles of incidence and reflection, etc.</li> <li>• explains processes and phenomenon, e.g., formation of multiple images.</li> </ul> <p><b>Unit 3      04.05.2020 to 15.05.2020      (09)</b> Topic      : L-2 Microorganism : friends and foe</p>	<p>Art Integration :</p> <p>To observe the permanent slides of microbes. Activity : Presentation of preservation techniques Learning Outcomes : The learner</p> <ul style="list-style-type: none"> <li>• prepares slides of microorganisms and describes their microscopic features.</li> <li>• classifies organisms based on characteristics, e.g. useful and harmful microorganisms.</li> </ul> <p><b>Unit 4      29.06.2020 to 10.07.2020      (11)</b> Topic      : L-1 Crop production and management                   L-7 Conservation of plant and animals</p> <p>Art Integration : Field Trip to garden, Activity : Presentation on wild animals and plants Learning Outcomes : The learner</p> <ul style="list-style-type: none"> <li>• makes efforts to protect environment, e.g., using resources judiciously; making controlled use of fertilisers and pesticides; suggesting ways to cope with environmental hazards, etc.</li> <li>• exhibits creativity in designing, planning, making use of available resources, etc.</li> </ul> <p><b>Unit 5      13.07.2020 to 24.07.2020      (10)</b> Topic      : L -4 Metal and Non Metal</p> <p>Art Integration :</p> <p>To study the chemical properties of metals. Activity : Demonstration of some chemical reactions. Learning Outcomes : The learner</p> <ul style="list-style-type: none"> <li>• classifies materials based on properties e.g., metals and non metals</li> <li>• writes word equation for chemical reactions, e.g., reactions of metals and non-metals with air, water and acids, etc.</li> </ul> <p><b>Unit 6      27.07.2020 to 07.08.2020      (09)</b> Topic      : L-8 Cell</p>	<p>Art Integration : Diagram showing types of cells. Activity : To study plant and animal cell through permanent slides. Learning Outcomes : The learner</p> <ul style="list-style-type: none"> <li>• draws labelled diagram/ flow charts, e.g., structure of cell.</li> </ul> <p><b>Unit 7      10.08.2020 to 21.08.2020      (09)</b> Topic      : L-5 Combustion and Flame</p> <p>Art Integration : Diagram showing the zones of a candle flame. Activity : To study the zones of flames. Learning Outcomes : The learner</p> <ul style="list-style-type: none"> <li>• conducts simple investigations to seek answers to queries, e.g, What are the conditions required for combustion</li> <li>• constructs models using materials from surroundings and explains their working, e.g. fire extinguisher, etc</li> <li>• explains processes and phenomenon, e.g., structure of flame.</li> </ul> <p><b>Unit 8 &amp; Rev. 24.08.2020 to 11.09.2020      (15)</b> Topic      : L-6 Coal and Petroleum</p> <p>Art Integration :</p> <p>Diagram showing formation of petroleum. Activity : Group discussion : PCRA recommendation and conservation of fuel Learning Outcomes : The learner</p> <ul style="list-style-type: none"> <li>• differentiates materials on the basis of their properties, structure and functions.</li> <li>• Identify uses of petrochemicals.</li> </ul> <p><b>Unit 9      28.09.2020 to 16.10.2020      (15)</b> Topic      : L-14 Chemical effects of current                   L-3 Synthetic fibers and plastic</p> <p>Art Integration :</p> <p>To study the tensile strength of various fibres Diagram showing galvanic cell Activity : To study the conduction of current in various liquids</p>
---	---	--

Learning Outcomes : The learner

- explains processes and phenomenon, e.g. chemical effects of electric current.. differentiates materials such as, natural and human made fibres

**Unit 10 19.10.2020 to 21.11.2020 (17)**

Topic : L-18 Pollution of air and water  
L-11 Force and Pressure

Art Integration :

To study the pressure variation in fluids.

Activity :

Seminar on pollution, causes and its effects

Learning Outcomes : The learner

- discusses and appreciates stories of scientific discoveries
- conducts simple investigations to seek answers to queries, e.g, Do liquids exert equal pressure at the same depth?

**Unit 11 23.11.2020 to 05.12.2020 (10)**

Topic : L-12 Friction

Art Integration : To study the different types of friction and factors affecting friction

Activity : Activities based on friction using spring balance.

Learning Outcomes : The learner

- applies learning of scientific concepts in day-to-day life, e.g. increasing/ reducing friction.

**Unit 12 07.12.2020 to 24.12.2020 (13)**

Topic : L-15 Some Natural Phenomenon

Art Integration : To detect electrostatic charge using an electroscope. Diagram showing transfer of charges.

Activity : Making model of electroscope

Learning Outcomes : The learner

- relates processes and phenomenon with causes, e.g., smog formation with the presence of pollutants in air;

**Unit 13 07.01.2021 to 15.01.2021 (07)**

Topic : L-10 Reproduction in organisms  
L-9 reaching the age of adolescence

Art Integration : Presentation : reproduction of organisms and changes at puberty. Diagram showing reproduction in yeast

Activity : Flow chart

Learning Outcomes : The learner

- explains processes and phenomenon, e.g., reproduction in human and animals
- applies learning of scientific concepts in day-to-day life, e.g. challenging myths and taboos regarding adolescence.

**Unit 14 18.01.2021 to 30.01.2021 (10)**

Topic : L- 17 Star and Solar System

Art Integration :

Research based project on solar system

Activity : Magazine making of the given topics of the concerned lesson

Learning Outcomes : The learner

- classifies celestial objects based on properties-stars and planets

**Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)**

Topic : Revision

**ASSESSMENT SCHEDULE :**

**Periodic Asst. 1 20.04.2020 to 13.07.2020**

Topic : L-13, L-16

**Periodic Asst. 2 20.07.2020 to 24.08.2020**

Topic : L-1, L-4

**Half Yearly Exams 14.09.2020 to 25.09.2020**

Topic : L-13, 16, 2, 1, 7, 4, 8, 5, 6

**Periodic Asst. 3 12.10.2020 to 07.12.2020**

Topic : L-18, 11

**Periodic Asst. 4 14.12.2020 to 01.02.2021**

Topic : L-4, 12, 15

**Annual Exams 15.02.2021 onwards (Tenta.)**

Topic : Full Syllabus

## SOCIAL SCIENCE

**Unit 1 30.03.2020 to 18.04.2020 (13)**

Geo : Ch-1 Resources

Civics : Ch-1 Indian Constitution

History : Ch-1 How,when& where

Learning outcomes : After this, students will be able to :

- Classify the various types of resources. Realize the need for conservation of resources.
- To analyze the role of the constitution & the rule of law.
- Inform about the beginning of the modern period in India.

Art Integration :

- Mind mapping of resources.
- Wall magazine on Dr.B.RAmbedkar
- Make a portfolio of the past events in your life.

**Unit 2 20.04.2020 to 01.05.2020 (10)**

Geo : Ch-1 Resources (cont.)

Civics : Ch-2 Understanding Secularism

Ch-3 Why do we need Parliament

Learning outcomes :

- To realize about the freedom to live by their religious beliefs & practices. Explain about the federal system of government. To explain about the basic features and functions of parliament.

Art Integration :

- Comparative study of the religion in different parts of the world.
- Role play on Working of the parliament of our country

**Unit 3 04.05.2020 to 15.05.2020 (09)**

Geo : Ch-1 Revision



<p>History : Ch-2 From trade to territory Civics : Ch-3 (cont) Learning outcomes :</p> <ul style="list-style-type: none"> <li>Inform the arrival of the European trading companies in India. About the rise of British dominance in India.</li> </ul> <p>Art Integration :</p> <ul style="list-style-type: none"> <li>Case study on Rani laxmi Bai, Tipu Sultan</li> </ul> <p><b>Unit 4 29.06.2020 to 10.07.2020 (11)</b> History : Ch-3 Project Work Ch-4 Tribals and Dikus Geo : Ch-2 land,soil&amp; water Civics : Ch-4 Understanding Laws Learning outcomes :</p> <ul style="list-style-type: none"> <li>Basic features of tribal society. An insight into how the colonial rule influenced tribal societies. To learn about the major tribal revolts.</li> <li>Realizing the factors responsible for land degradation,soil,water&amp;natural vegetation Analyzing the methods of conservation.</li> <li>To develop an understanding of the rule of law. To make them understand that constitution as the primary source of our laws.</li> </ul> <p>Art Integration :</p> <ul style="list-style-type: none"> <li>Project work and role play on Tribal society</li> <li>Distribution of various types of soil In India (map) Model of Rain water harvesting. Case study on Rosa Park.</li> </ul> <p><b>Unit 5 13.07.2020 to 24.07.2020 (10)</b> Geo : Ch-2 (cont) Civics : Ch-5 Judiciary History : Ch-4 (cont) Learning outcomes :</p> <ul style="list-style-type: none"> <li>Identify the structure and working of Indian judiciary.</li> </ul>	<p>List the need for independence of judiciary. Art Integration : Moot court <b>Unit 6 27.07.2020 to 07.08.2020 (09)</b> History : Ch-5 when people rebel Geo : Ch-3 Mineral and power resources Learning outcomes :</p> <ul style="list-style-type: none"> <li>Dramatize the major causes of the revolt of 1857. Inform about the leaders participated in this revolt. The changes in colonial administration after 1857.</li> <li>Analyze the formation &amp; existence of minerals &amp; need of their conservation. Encourage learners to use non-conventional resources.</li> </ul> <p>Art Integration : Case study on Mangal Pandey Film review on Mangal Pandey. Distribution of various minerals in India and in world (map) <b>Unit 7 10.08.2020 to 21.08.2020 (09)</b> History : Ch-6 Colonialism &amp; the city Civics : Ch-6 Understanding criminal justice system Learning outcomes :</p> <ul style="list-style-type: none"> <li>Explain the nature of urban change during British rule. Different types of cities that emerged during colonial rule in India.</li> <li>Analyze the role of court,police,public prosecutor in maintaining law &amp; order. About the procedure for logging a FIR.</li> </ul> <p>Art Integration :</p> <ul style="list-style-type: none"> <li>Make a scrap book on the old Delhi monuments and streets of chandni chowk &amp; shahjanabad.</li> <li>Role play on the Police Criminal Public prosecutor Judge</li> </ul> <p><b>Unit 8 &amp; Rev. 24.08.2020 to 11.09.2020 (15)</b> Geo : Ch-3 (cont) Revision</p>	<p>History : Ch-6 (cont) Ch-7 Weavers,iron smelters and factory owners (project) Learning outcomes : Analyze the role of weavers in the Indian economy Art Integration : Project work <b>Unit 9 28.09.2020 to 16.10.2020 (15)</b> Geo : Ch-4 Agriculture Civics : Ch-7 &amp; 8 Understanding &amp; confronting marginalization Learning outcomes :</p> <ul style="list-style-type: none"> <li>Differentiating between different types of farming. Understanding different geographical conditions required for the growth of major crops.</li> <li>Define the concept of marginalization. About the social &amp; economic inequalities. Aware about the steps taken by the Indian govt. to eradicate discrimination.</li> </ul> <p>Art Integration :</p> <ul style="list-style-type: none"> <li>Comparative study of major crops cultivated in India Distribution of major crops (map) Discussion on Sachar committee</li> </ul> <p><b>Unit 10 19.10.2020 to 21.11.2020 (17)</b> Geo : Ch-4 (cont) History : Ch-8 Educating the nation, civilizing native Learning outcomes :</p> <ul style="list-style-type: none"> <li>About the indigenous system of education. Aware about the British policies of education in INDIA. Concept of Gandhi &amp; Tagore for education.</li> </ul> <p>Art Integration : Portfolio on British education policies. <b>Unit 11 23.11.2020 to 05.12.2020 (10)</b> Geo : Ch-5 Industries</p>
--	--	--

<p>History : Ch-9 Women, Caste &amp; Reform Ch-10 Project Work</p> <p>Activity : Case study on various Reformers</p> <p>Learning outcomes :</p> <ul style="list-style-type: none"> <li>Classify the types of industries on the basis of raw material, size &amp; ownership. Explore the case studies-IT industries, Iron &amp; steel, Textile etc.</li> <li>Explain the role of women reformers. About the social &amp; religious evils present in 19th century Indian society.</li> </ul> <p>Art Integration :</p> <ul style="list-style-type: none"> <li>Project work on major industries. (portfolio on major industries.)</li> <li>Case study on Raja Ram Mohan Roy, Pandita Ramabai, Jyotibaphule</li> </ul> <p><b>Unit 12 07.12.2020 to 24.12.2020 (13)</b></p> <p>Civics : Ch-9 &amp; 10 Project work on public facilities and Bhopal Gas Tragedy</p> <p>Geo : Ch-5 (cont)</p> <p>Learning outcomes :</p> <ul style="list-style-type: none"> <li>About the basic public facilities. About water as a part of the Fundamental right.</li> </ul> <p>Art Integration : Project work on Bhopal Gas Tragedy</p> <p><b>Unit 13 07.01.2021 to 15.01.2021 (07)</b></p> <p>History : Ch-11 &amp; 12 The making of national movement India after Independence</p> <p>Geo : Ch-6 Human Resources</p> <p>Learning outcomes :</p> <ul style="list-style-type: none"> <li>Aware about the different nationalist movements. About the political and administrative unification. Explain the importance of people being</li> </ul>	<p>called as resource. Critically analyzing the importance of population as an asset.</p> <p>Art Integration : Role play on Mahatma Gandhi Study of literacy rate in different states of India.</p> <p><b>Unit 14 18.01.2021 to 30.01.2021 (10)</b></p> <p>History : Ch-11 &amp; 12 (cont)</p> <p>Geo : Ch-6 (cont)</p> <p>Revision</p> <p><b>Unit 15 &amp; Rev. 01.02.2021 to 12.02.2021 (10)</b></p> <p>Topic : Revision</p> <p><b>ASSESSMENT SCHEDULE :</b></p> <p><b>Periodic Asst. 1 20.04.2020 to 13.07.2020</b></p> <p>Geo : Ch-1</p> <p>History : Ch-1</p> <p>Civics : Ch-1</p> <p><b>Periodic Asst. 2 20.07.2020 to 24.08.2020</b></p> <p>Geo : Ch-2</p> <p>History : Ch-2</p> <p>Civics : Ch-3</p> <p><b>Half Yearly Exams 14.09.2020 to 25.09.2020</b></p> <p>Geo : Ch-1, 2, 3</p> <p>History : Ch-1, 2, 4, 5, 6</p> <p>Civics : Ch-1, 2, 3, 4, 5</p> <p><b>Periodic Asst. 3 12.10.2020 to 07.12.2020</b></p> <p>Geo : Ch-4</p> <p>History : Ch-6</p> <p>Civics : Ch-5</p> <p><b>Periodic Asst. 4 14.12.2020 to 01.02.2021</b></p> <p>Geo : Ch-5</p> <p>History : Ch-8</p> <p>Civics : Ch-7 &amp; 8</p> <p><b>Annual Exams 15.02.2021 onwards (Tenta.)</b></p> <p>Topic : Full Syllabus</p>	<div style="border: 1px solid black; padding: 5px; text-align: center; margin-bottom: 10px;"> <b>संस्कृत</b> </div> <p>प्रस्तावित पुस्तकें :</p> <ol style="list-style-type: none"> <li>रुचिरा भाग-3 ( एन.सी.ई.आर.टी. )</li> <li>व्यवहारिक संस्कृत व्याकरण संहिता भाग-3 ( गोयल ब्रदर्स प्रकाशन )</li> </ol> <p><b>Unit 1 30.03.2020 to 18.04.2020 (13)</b></p> <p>रुचिरा : पाठ: 1 सुभाषितानि</p> <p>व्याकरणम् : पाठ: 1 उच्चारण स्थानानि ( वर्णज्ञानम् )</p> <p>रचनात्मक लेखनम्-अपठितगद्यांशम् ।</p> <p>शिक्षण प्रतिफल :</p> <p>कवियों के माध्यम से मानव जीवन का महत्त्व बताना, परिश्रम एवं गुणों के महत्त्व को समझाना, क्रोध न करते हुए सत्य के आचरण पर बल देना, सुख-दुख को बराबर समझना ।</p> <p>क्रियाकलाप : श्लोकगायनम् ।</p> <p><b>Unit 2 20.04.2020 to 01.05.2020 (10)</b></p> <p>रुचिरा : पाठ: 2 विलस्यवाणी न कदापि मे श्रुता ।</p> <p>व्याकरणम् : पाठ: 2 सन्धि-प्रकरणम् ( वर्णविन्यासः, संयोगःच )</p> <p>रचनात्मक लेखनम्-संवादलेखनम् ।</p> <p>शिक्षण प्रतिफल :</p> <p>बुद्धि बहुत बलशाली होती है । छात्रों को बुद्धिबल से परिचित करवाया जाएगा । बुद्धि की शक्ति को विकसित करना । बौद्धिकबल से विपत्तियाँ दूर करना ।</p>
---	--	---

<p>क्रियाकलाप : कथालेखनम् पाठाधारित ।</p> <p>Unit 3 04.05.2020 to 15.05.2020 (09)</p> <p>रुचिरा : पाठ: 3 डिजीभारतम् ।</p> <p>व्याकरणम् : पाठ: 3 संज्ञा शब्दरूपाणि ।</p> <p>रचनात्मक लेखनम्-पत्रलेखनम् ।</p> <p>शिक्षण प्रतिफल :</p> <p>डिजिटल इण्डिया के अंतर्गत होने वाले बदलावों से अवगत करवाना तथा उन्हें अपनाने हेतु प्रोत्साहित करना</p> <p>क्रियाकलाप : पाठाधारित संवादकथनम् ।</p> <p>Unit 4 29.06.2020 to 10.07.2020 (11)</p> <p>रुचिरा : पाठ: 4 सदैवपुरतो निधेहि चरणम् ।</p> <p>व्याकरणम् : पाठ: 4 सर्वनाम शब्दरूपाणि ।</p> <p>रचनात्मक लेखनम्-चित्रवर्णनम् ।</p> <p>शिक्षण प्रतिफल :</p> <p>जीवन में विघ्न बाधाओं से न डरते हुए हिम्मत तथा उत्साह पूर्वक लक्ष्य को प्राप्त करने का प्रयत्न ही श्रेष्ठ मार्ग है । क्रियाकलाप : गीतगायनम् ।</p> <p>Unit 5 13.07.2020 to 24.07.2020 (10)</p> <p>रुचिरा : पाठ: 5 कण्टकेनैवकण्टकम्</p> <p>व्याकरणम् : पाठ: 5 विशेषणप्रकरणम्</p> <p>रचनात्मक लेखनम्-संस्कृत अनुवाद कार्यम् ।</p> <p>शिक्षण प्रतिफल :</p> <p>सठे साठ्यं समाचरेत् । आवश्यकता पड़ने पर टेढ़ी अंगुली करके परिस्थितियों को अनुकूल करने के महत्त्व को बताया जाएगा ।</p> <p>क्रियाकलाप : पाठाधारित अभिनयः ।</p>	<p>Unit 6 27.07.2020 to 07.08.2020 (09)</p> <p>रुचिरा : पाठ: 6 गृहं शून्यं सुतां विना</p> <p>व्याकरणम् : पाठ: 6कारक/उपपदविभक्तिश्च</p> <p>रचनात्मक लेखनम्-अपठितगद्यांशम् ।</p> <p>शिक्षण प्रतिफल :</p> <p>बच्चे वात्सल्य के अधिकारी होते हैं । अतः उनके जीवन मे प्रेम का अभाव नहीं रहना चाहिए यह जानना आवश्यक है ।</p> <p>क्रियाकलाप : पाठाधारित अनुच्छेदलेखनम्</p> <p>Unit 7 10.08.2020 to 21.08.2020 (09)</p> <p>रुचिरा : पाठ: 7 भारतजनताऽहम् ।</p> <p>व्याकरणम् : पाठ: 7 संख्याः, धातुरूपाणि ।</p> <p>रचनात्मक लेखनम्-संवादलेखनम् ।</p> <p>शिक्षण प्रतिफल :</p> <p>भारतीयों के शौर्य, त्याग, बलिदान तथा सहस पूर्ण जीवन से परिचित करवाना । भारतीयों की विश्व कल्याण की भावना से परिचित करवाना ।</p> <p>क्रियाकलाप : श्लोकगायनम् ।</p> <p>Unit 8 &amp; Rev. 24.08.2020 to 11.09.2020 (15)</p> <p>रुचिरा : पाठ: 8 संसारसागरस्य नायकाः</p> <p>व्याकरणम् : पाठ: 8 उपसर्गाः ।</p> <p>रचनात्मक लेखनम्-पत्रलेखनम् ।</p> <p>शिक्षण प्रतिफल :</p> <p>प्राचीन भारतीय भवन निर्माण कला एवं तालाब निर्माण करने वाले अनेक गुमनाम मनीषियों के त्याग एवं योगदान से परिचित करवाना ।</p> <p>क्रियाकलाप : घटनाक्रमनिर्माणम् ।</p>	<p>Unit 9 28.09.2020 to 16.10.2020 (15)</p> <p>रुचिरा : पाठ: 9 सप्तभगिन्यः ।</p> <p>व्याकरणम् : पाठ: 9 प्रत्ययाः । समयलेखनम् ।</p> <p>रचनात्मक लेखनम्-चित्रवर्णनम् ।</p> <p>शिक्षण प्रतिफल :</p> <p>भारत के पूर्वीभाग में स्थित सात छोटे-छोटे राज्यों जिन्हें हम सात बहनें कहते हैं । उनके इतिहास एवं उनके महत्त्व से परिचित करवाया जाएगा ।</p> <p>क्रियाकलाप : चित्रवर्णनम् पाठाधारितम् ।</p> <p>Unit 10 19.10.2020 to 21.11.2020 (17)</p> <p>रुचिरा : पाठ: 10 नीतिनवनीतम् ।</p> <p>व्याकरणम् : पाठ: 10 ( स्त्रीप्रत्ययाः )</p> <p>अशुद्धिसंशोधनम् ।</p> <p>रचनात्मक लेखनम्-अपठितगद्यांशम् ।</p> <p>शिक्षण प्रतिफल :</p> <p>जीवन में सदाचार का महत्त्व बताया जाएगा गुरुजनों का आदर एवं बड़ों का अभिवादन करने के लाभ बताए जाएंगे ।</p> <p>क्रियाकलाप : पितरं प्रति पत्रम् ।</p> <p>Unit 11 23.11.2020 to 05.12.2020 (10)</p> <p>रुचिरा : पाठ: 11 सावित्री बाई फुले ।</p> <p>व्याकरणम् : पाठ: 11 अव्ययाः ।</p> <p>रचनात्मक लेखनम्-अनुवादस्य अभ्यासः ।</p> <p>शिक्षण प्रतिफल :</p> <p>महान समाज सेविका सावित्रीबाई फुले ने स्त्री शिक्षा एवं अन्य कुरीतियों के खिलाफ निर्णायक लड़ाई लड़ी इससे</p>
---	--	---

<p>प्रेरणा लेकर अन्य कुरीतियों को दूर करने की शिक्षा । क्रियाकलाप : पठित अनुच्छेद लेखनम्, पाठाधारितम् Unit 12 07.12.2020 to 24.12.2020 (13) रुचिरा : पाठ: 12 क: रक्षति क: रक्षितः । व्याकरणम् : पाठ: धातुरुपों की पुनरावृत्ति: । रचनात्मक लेखनम्-पत्रलेखनम् संकेताधारित । शिक्षण प्रतिफल : स्वच्छता तथा पर्यावरण सुधार के प्रति जागरुक क्रिया जाएगा । नदियों की स्वच्छता तथा वृक्षारोपण के प्रति जागरुक करना । प्लास्टिक के प्रयोग को हतोत्साहित करना । क्रियाकलाप : पाठाधारित अनुवादकार्य: । Unit 13 07.01.2021 to 15.01.2021 (07) रुचिरा : पाठ: 13 क्षितौ राजते भारत स्वर्णभूमि: । व्याकरणम् : पाठ: 9 कारका: उपपदविभक्तय: च ( पुनरावृत्ति: ) रचनात्मक लेखनम्-अनुवादस्य अभ्यास: । क्रियाकलाप : भारत के साहित्य संगीत कलानुराग से परिचित करवाना, आधुनिक मिसाइल एवं परमाणु संपन्नता के सामर्थ्य से अवगत करवाना । क्रियाकलाप : पठित गद्यांश निर्माणम् । Unit 14 18.01.2021 to 30.01.2021 (10) रुचिरा : पाठ: 14 आर्यभट्ट: । व्याकरणम् : शब्द, धातुरुपों की पुनरावृत्ति: ।</p>	<p>रचनात्मक लेखनम्-अनुवादस्य अभ्यास: । शिक्षण प्रतिफल : भारतीय ज्ञान विज्ञान की सुदीर्घ परंपरा से अवगत करवाना । दशमलव पद्धति के प्रथमप्रयोक्ता आर्यभट्ट ने गणित को नई दिशा दी आकाशीय पिण्डों की गति का प्रवर्तन करनेवाले प्रथम आचार्य थे बताया जाएगा । क्रियाकलाप : पाठाधारित वाक्यरचना । Unit 15 &amp; Rev. 01.02.2021 to 12.02.2021 (10) रुचिरा : पाठ: 15 प्रहेलिका: । व्याकरणम् : संपूर्णपाठ्यक्रम की पुनरावृत्ति । संपूर्ण रचनात्मककार्य की पुनरावृत्ति । शिक्षण प्रतिफल : पहेलियों के द्वारा आनन्द के साथ-साथ समझ- बूझ व हमारी मानसिक व बौद्धिक प्रक्रिया को तीव्रतर बनाना । क्रियाकलाप : प्रहेलिका कथनम्, अर्थसहितम् । <b>ASSESSMENT SCHEDULE :</b> Periodic Asst. 1 20.04.2020 to 13.07.2020 रुचिरा : पाठ 1, 2 शुभाषितानि, बिलस्यवाणी न कदापि मे श्रुता । व्याकरणम् : पाठ-1 वर्ण ज्ञानम्, पाठ-3 संज्ञा शब्दरूपाणि । पत्रलेखनम्, चित्रवर्णनम् । Periodic Asst. 2 20.07.2020 to 24.08.2020 रुचिरा : पाठ: 3, 4 डिजिभारतम्, सदैव पुरतोनिधोहिचरणम् । व्याकरणम् : पाठ: 4 सर्वनामशब्दरूपाणि,</p>	<p>पाठ 6 कारक/उपपदविभक्ति:, अनुवाद:, संवाद: च । Half Yearly Exams 14.09.2020 to 25.09.2020 खण्ड क-अपठित अवबोधनम् , खण्ड ख-पत्र लेखनम् , संवाद लेखनम्, चित्रधारित वर्णनम्, हिन्दीतः संस्कृते अनुवादः॥ खण्ड ग- वर्णविचार:, स्वर व्यंजन संधि, शब्दरूपाणि, संख्यालेखनम् , धातुरूपाणि अव्यया:, समयलेखनम्, प्रत्यया:, उपसर्गा: । खण्ड घ- पठित अवबोधनम्, प्रश्ननिर्माणम्, शब्दार्थ मेलनम् । पाठ: एकत: अष्टम् पर्यन्तम् । पुनरावृत्ति: 1, 2 । ( करवायागया संपूर्णव्याकरण परीक्षा में आएगा ) Periodic Asst. 3 12.10.2020 to 07.12.2020 रुचिरा : पाठ 9, 10 सप्तभगिन्य:, नीतिनवनीतम् व्याकरणम् : पाठ 2 संधि:, पाठ 7 धातुरुपाणि, समयलेखनम्, पत्रलेखनम्, चित्रवर्णनम् । Periodic Asst. 4 14.12.2020 to 01.02.2021 रुचिरा : पाठ 11, 12 सावित्री बाई फुले, क: रक्षति क: रक्षित: । व्याकरणम् : पाठ 7 धातुरुपाणि, पत्रलेखनम्, चित्रवर्णनम् । Annual Exams 15.02.2021 onwards (Tenta.) खण्ड क-अपठित अवबोधनम्, खण्ड ख-पत्र लेखनम्, संवाद लेखनम्, चित्रधारित वर्णनम्, अनुवादकार्य । खण्ड ग- वर्णविचार:, स्वर व्यंजन संधि, शब्दरूपाणि, संख्यालेखनम्,</p>
--	--	---

समयलेखनम्, धातुरूपाणि अव्ययाः, प्रत्ययाः, उपसर्गाः । खण्ड घ- पठित अवबोधनम्, प्रश्न निर्माणम्, शब्दार्थ मेलनम् । पाठः एकतः पञ्चदश पर्यन्तम् । ( करवाया गया संपूर्णव्याकरण परीक्षा में आएगा )

## COMPUTER SCIENCE

**Prescribed Book : Tools 16**

**Publication : KIPS**

**Methodology :**

Explaining, Demonstrating, Questioning and Learning by doing in the class as well as in the computer lab.

**General Objectives :**

- ◆ Laying a strong foundation on different aspects of computer science and Information Technology.
- ◆ To enable the students to make use of the study of computer science in their day-to-day life activities.

**Specific Objectives :**

- ◆ Encourage the students to use software and packages.
- ◆ To develop the intellectual and mental abilities of the students.
- ◆ To help the students to acquire problem solving ability by training them in scientific method and approach.
- ◆ To help the students in utilizing study of computer sciences for the study of other subjects.

**Unit 1 30.03.2020 to 18.04.2020 (13)**  
Topic : Networking concepts

Activity : Draw diagrams of all the types of networks in notebook

Learning Outcomes : Understanding about types of networking, networking topologies, networking architecture, networking security.

**Unit 2 20.04.2020 to 01.05.2020 (10)**

Topic : Log on to Access

Activity : Make two data bases showing their data types also in note book.

Learning Outcomes : Understanding about database, types and structure of database, Creating, viewing, sorting and filtering data.

**Unit 3 04.05.2020 to 15.05.2020 (09)**

Topic : Log on to Access (cont....)

Activity : Make two data bases showing their data types also in note book.

Learning Outcomes : Understanding about database, types and structure of database, Creating, viewing, sorting and filtering data.

**Unit 4 29.06.2020 to 10.07.2020 (11)**

Topic : Working with Queries. Forms and Reports

Activity : Lab Activity

Learning Outcomes : Understanding about creating queries, forms and reports in MS Access.

**Unit 5 13.07.2020 to 24.07.2020 (10)**

Topic : Working with Queries. Forms and Reports (cont....)

Activity : Lab Activity

Learning Outcomes : Understanding about creating queries, forms and reports in MS Access.

**Unit 6 27.07.2020 to 07.08.2020 (09)**

Topic : Adobe Photoshop CC

Activity : Lab Activity

Learning Outcomes : Understanding about Photoshop basic concepts.

**Unit 7 10.08.2020 to 21.08.2020 (09)**

Topic : More on Photoshop CC

Activity : Create a poster using Photoshop CC

Learning Outcomes : Understanding about various tools like painting, retouching, drawing tools and the concept of layers.

**Unit 8 & Rev. 24.08.2020 to 11.09.2020 (15)**

Topic : More on Photoshop CC (cont...)

Activity : Create a poster using Photoshop CC

Learning Outcomes : Understanding about various tools like painting, retouching, drawing tools and the concept of layers.

**Unit 9 28.09.2020 to 16.10.2020 (15)**

Topic : Review Python

Learning Outcomes : Understanding about basics of Python, working modes, variables, data types, operators, types of control statements, conditional statements.

**Unit 10 19.10.2020 to 21.11.2020 (17)**

Topic : Review Python (cont....)

**Unit 11 23.11.2020 to 05.12.2020 (10)**

Interactive statements in Python

Activity : Lab activity

Learning Outcomes : Understanding about for loop, while loop, infinite loop in Python

**Unit 12 07.12.2020 to 24.12.2020 (13)**

Topic : Using List and Table in HTML 5

Activity : Web page designing in HTML 5

Learning Outcomes : Understanding about lists and tables tags used in HTML

**Unit 13 07.01.2021 to 15.01.2021 (07)**

Topic : Images, Links & Frames in HTML 5

Activity : Web page designing showing images, links and frames

Learning Outcomes : Understanding about

images, links, audio, video, frames, borders and iframes used in HTML.

**Unit 14 18.01.2021 to 30.01.2021 (10)**

Topic : App Development

Activity : Creating a mobile app

Learning Outcomes : Understanding about types of apps, developing apps.

**Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)**

Topic : Revision

**ASSESSMENT SCHEDULE :**

**Half Yearly Exams 14.09.2020 to 25.09.2020**

Topic : Unit 1 to 8

**Annual Exams 15.02.2021 onwards (Tenta.)**

Topic : Unit 9 to 15

## GENERAL KNOWLEDGE

**Unit 1 30.03.2020 to 18.04.2020 (13)**

Topics : Ch-1 Statue of Liberty

Ch-2 Mammals

Ch-3 Forts of India

Ch-4 Sunlight Therapy

**Unit 2 20.04.2020 to 01.05.2020 (10)**

Topics : Ch-5 Action-Reaction

Ch-6 National Animals

Ch-7 Geological Wonders

Ch-8 Yogasanas

**Unit 3 04.05.2020 to 15.05.2020 (09)**

Topics : Ch-9 Women Freedom Fighters of India

Ch-10 Futuristic clean power concept

Ch-11 World of Insects

**Unit 4 29.06.2020 to 10.07.2020 (11)**

Topics : Ch-12 Immortal Quotes

Ch-13 Personality Development

Ch-14 Faster, higher, stronger

**Unit 5 13.07.2020 to 24.07.2020 (10)**

Topics : Ch-15 APJ Abdul kalam

Ch-16 Super Human beings

Ch-17 Unique Animals

**Unit 6 27.07.2020 to 07.08.2020 (09)**

Topics : Ch-18 Futuristic cities

Ch-19 Stephen William

Ch-20 Real Heroes

**Unit 7 10.08.2020 to 21.08.2020 (09)**

Topics : Ch 21 Real Teachers

Ch 22 Mahatma Gandhi

Ch 23 Endangered trees

**Unit 8 & Rev. 24.08.2020 to 11.09.2020 (15)**

Topics : Ch-24 World best shopping streets

Ch-25 Incredible laboratories

Ch-26 Extinct Animals

**Unit 9 28.09.2020 to 16.10.2020 (15)**

Topics : Ch-27 Most difficult places to live on Earth

Ch-28 Lesson we learn about cleanliness

Ch-29 martial arts

**Unit 10 19.10.2020 to 21.11.2020 (17)**

Topics : CH 30 greatest inventions

Ch 31 Best Universities

Ch 32 Emerging career options in India

**Unit 11 23.11.2020 to 05.12.2020 (10)**

Topics : Ch 33 Milestones in India' space technology

Ch 34 World's most amazing Natural phenomena

**Unit 12 07.12.2020 to 24.12.2020 (13)**

Topics : Ch 35 Basketball Positions

Ch 36 Human made disasters

**Unit 13 07.01.2021 to 15.01.2021 (07)**

Topics : Ch 37 Presidents of India

**Unit 14 18.01.2021 to 30.01.2021 (10)**

Topics : Ch-38 Think sharp

**Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)**

Topics : Revision

## ART & CRAFT

**Learning Objectives :**

- ◆ To help students to understand the arrangement of elements in a way that appeals to the senses.
- ◆ To develop the skills of art with the intention of stimulating thoughts and emotions.
- ◆ To develop the creativity and creative ability in students.
- ◆ To learn the best use of waste material to make something new.
- ◆ To make children independent in creating their own style and skills.

**Unit 1 30.03.2020 to 18.04.2020 (13)**

Topic : Basic Elements of Drawing

**Unit 2 20.04.2020 to 01.05.2020 (10)**

Topic : Shape & Form

**Unit 3 04.05.2020 to 15.05.2020 (09)**

Topic : Use of Space

**Unit 4 29.06.2020 to 10.07.2020 (11)**

Topic : Perspective

**Unit 5 13.07.2020 to 24.07.2020 (10)**

Topic : Human Figure Sketching

**Unit 6 27.07.2020 to 07.08.2020 (09)**

Topic : Poster

**Unit 7 10.08.2020 to 21.08.2020 (09)**

Topic : Composition (Market Scene)

**Unit 8 & Rev. 24.08.2020 to 11.09.2020 (15)**

Topic : Composition

**Unit 9 28.09.2020 to 16.10.2020 (15)**

Topic : Composition Abstract

<b>Unit 10</b>	<b>19.10.2020 to 21.11.2020</b>	<b>(17)</b>
Topic	: Composition	
<b>Unit 11</b>	<b>23.11.2020 to 05.12.2020</b>	<b>(10)</b>
Topic	: Object Drawing two or three objects	
<b>Unit 12</b>	<b>07.12.2020 to 24.12.2020</b>	<b>(13)</b>
Topic	: Design in colour	
<b>Unit 13</b>	<b>07.01.2021 to 15.01.2021</b>	<b>(07)</b>
Topic	: Technique painting	
<b>Unit 14</b>	<b>18.01.2021 to 30.01.2021</b>	<b>(10)</b>
Topic	: Nature Study	
<b>Unit 15 &amp; Rev.</b>	<b>01.02.2021 to 12.02.2021</b>	<b>(10)</b>
Topic	: Sketching	

## MUSIC

<b>Unit 1</b>	<b>30.03.2020 to 18.04.2020</b>	<b>(13)</b>
Topic	: Swar Alankar & Invocation Song and School song	
Learning outcomes	: To strengthen their basics of swar-s through a variety of Alankar exercises	
<b>Unit 2</b>	<b>20.04.2020 to 01.05.2020</b>	<b>(10)</b>
Topic	: Definition of Sangeet, Swar, Saptak	
Learning outcomes	: To enhance their community singing skills as well as the basics of Hindustani Music.	
<b>Unit 3</b>	<b>04.05.2020 to 15.05.2020</b>	<b>(09)</b>
Topic	: Motivational song	
Learning outcomes	: To enhance their singing skills amongst community.	
<b>Unit 4</b>	<b>29.06.2020 to 10.07.2020</b>	<b>(11)</b>
Topic	: Qawali part 1	
Learning outcomes	: To get acquainted with qawali singing style.	
<b>Unit 5</b>	<b>13.07.2020 to 24.07.2020</b>	<b>(10)</b>
Topic	: Qawali part 2	

Learning outcomes : To get acquainted with qawali singing style.

<b>Unit 6</b>	<b>27.07.2020 to 07.08.2020</b>	<b>(09)</b>
Topic	: Patriotic Song P – 1	
Learning outcomes	: To know more about the heritage of our country	
<b>Unit 7</b>	<b>10.08.2020 to 21.08.2020</b>	<b>(09)</b>
Topic	: Patriotic Song P – 1	
Learning outcomes	: To know more about the heritage of our country	
<b>Unit 8 &amp; Rev.</b>	<b>24.08.2020 to 11.09.2020</b>	<b>(15)</b>
Topic	: Song - Teacher's Day	
Learning outcomes	: To develop gratitude outlook towards teachers.	
<b>Unit 9</b>	<b>28.09.2020 to 16.10.2020</b>	<b>(15)</b>
Topic	: Tal – Dadra, Kehrwa & Rupak	
Learning outcomes	: To enhance their community singing skills as well as the knowledge of tala-s.	
<b>Unit 10</b>	<b>19.10.2020 to 21.11.2020</b>	<b>(17)</b>
Topic	: Folk song	
Learning outcomes	: To get acquainted with Folk singing.	
<b>Unit 11</b>	<b>23.11.2020 to 05.12.2020</b>	<b>(10)</b>
Topic	: One Shabad	
Learning outcomes	: To develop helping perspective towards the society.	
<b>Unit 12</b>	<b>07.12.2020 to 24.12.2020</b>	<b>(13)</b>
Topic	: Christmas Carol	
Learning outcomes	: To develop helping perspective towards the society.	
<b>Unit 13</b>	<b>07.01.2021 to 15.01.2021</b>	<b>(07)</b>
Topic	: Patriotic Song part -1	
Learning outcomes	: To know more about the heritage of our country	
<b>Unit 14</b>	<b>18.01.2021 to 30.01.2021</b>	<b>(10)</b>
Topic	: Patriotic Song part -2	

Learning outcomes : To know more about the heritage of our country

<b>Unit 15 &amp; Rev.</b>	<b>01.02.2021 to 12.02.2021</b>	<b>(10)</b>
Topic	: Revision	

## DANCE

**Prescribed Book :**

**Learning objective :**

- ◆ To make the students to discover basic autonomy and kinesiology.
- ◆ To make the students develop their appreciation of art.

<b>Unit 1</b>	<b>30.03.2020 to 18.04.2020</b>	<b>(13)</b>
Topic	: Basic Steps of Garba, Western Dance	

Learning Outcomes : By practice of Garba (a folk dance of Gujrat) will give them knowledge of traditional dance steps. Students are able to learn different steps and body movements of international dances.

<b>Unit 2</b>	<b>20.04.2020 to 01.05.2020</b>	<b>(10)</b>
Topic	: Garba dance, Western Dance	

Learning Outcomes : By practice of Garba (a folk dance of Gujrat) will give them knowledge of traditional dance steps. Students are able to learn different steps and body movements of international dances.

<b>Unit 3</b>	<b>04.05.2020 to 15.05.2020</b>	<b>(09)</b>
Topic	: Dandiya , Western Dance	

Learning Outcomes : By practice of Garba (a folk dance of Gujrat) will give them knowledge of traditional dance steps. Students are able to learn different steps and body movements of international dances.

<b>Unit 4</b>	<b>29.06.2020 to 10.07.2020</b>	<b>(11)</b>
Topic	: Folk dance Bhangra, Patriotic dance	

Learning Outcomes : By practice of Bhangra (a folk dance of Punjab) will give them knowledge of traditional dance steps. They can practice a dance item for Independence Day.

**Unit 5 13.07.2020 to 24.07.2020 (10)**

Topic : Folk dance Bhangra, Patriotic dance

Learning Outcomes : By practice of Bhangra (a folk dance of Punjab) will give them knowledge of traditional dance steps. They can practice a dance item for Independence Day.

**Unit 6 27.07.2020 to 07.08.2020 (09)**

Topic : Kathak Tarana, Steps of Pushpanjali Bharatnatyam

Learning Outcomes : Practice dance on Tarana will help them the gram the speed of Kathak dance.

**Unit 7 10.08.2020 to 21.08.2020 (09)**

Topic : Kathak Tarana, Steps of Pushpanjali Bharatnatyam

Learning Outcomes : Practice dance on Tarana will help them the gram the speed of Kathak dance.

**Unit 8 & Rev. 24.08.2020 to 11.09.2020 (15)**

Topic : Annual Day practice

Learning Outcomes : They can practice a dance item for Annual Day.

**Unit 9 28.09.2020 to 16.10.2020 (15)**

Topic : Annual Day practice

Learning Outcomes : They can practice a dance item for Annual Day.

**Unit 10 19.10.2020 to 21.11.2020 (17)**

Topic : Annual Day practice

Learning Outcomes : They can practice a dance item for Annual Day.

**Unit 11 23.11.2020 to 05.12.2020 (10)**

Topic : Basic steps of Maharashtra folk

Learning Outcomes : By practice of Maharashtra will give them knowledge of traditional dance steps of that area

**Unit 12 07.12.2020 to 24.12.2020 (13)**

Topic : Folk dance Lavani

Learning Outcomes : By practice of Lavali (Folk dance of Maharashtra will give them knowledge of traditional dance steps of that area

**Unit 13 07.01.2021 to 15.01.2021 (07)**

Topic : Fusion Dance

Learning Outcomes : Students are able to learn different steps and body movements of International dances

**Unit 14 18.01.2021 to 30.01.2021 (10)**

Topic : Fusion Dance

Learning Outcomes : Students are able to learn different steps and body movements of International dances

**Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)**

Topic : Review

## PHYSICAL EDUCATION

**Prescribed Book :**

**General Objectives :**

Physical Education literally means to educate one self through the use and control of the physically movements of the different parts of body. It seeks to develop and enhance the physical, mental and spiritual aspects of man.

Physical Education has main five goals it wishes to achieve, these are :

1. Developing a better physique.
2. Control of body movement.
3. Better mental health.
4. Improvement of society as a whole.
5. Emotional development.

**Specific Objectives :**

- ❖ To develop awareness about Physical Education.
- ❖ To identify the role of warming up and limbering down.
- ❖ To know historical evolution, rules and Terminologies of various sports/games.
- ❖ To understand the concept of fatigue.
- ❖ To understand the concept of Physical Education.
- ❖ To knowledge of health.
- ❖ To create discipline.
- ❖ To leadership qualities.
- ❖ To know about the importance of stretching and flexibility.

**Unit 1 30.03.2020 to 18.04.2020 (13)**

Topic : Introduction to physical education, Warming up, Jogging, walking, jumping, free movement Exercise, commands.

**Unit 2 20.04.2020 to 01.05.2020 (10)**

Topic : Introduction of game, basic skills- Football, Basketball, kho-kho.

**Unit 3 04.05.2020 to 15.05.2020 (09)**

Topic : Commands-Left turn, Right turn, About turn. Track event.

**Unit 4 29.06.2020 to 10.07.2020 (11)**

Topic : Physical fitness assessment (I). Body composition (BMI) strength, flexibility, speed and cardiovascular endurance.

**Unit 5 13.07.2020 to 24.07.2020 (10)**

Topic : Introduction of game, Basic Fundamental skills-Lawn tennis, Kabaddi, Cricket.

**Unit 6 27.07.2020 to 07.08.2020 (09)**

Topic : Shuttle run, Marching, Long jump & Badminton.



<b>Unit 7</b>	<b>10.08.2020 to 21.08.2020</b>	<b>(09)</b>
Topic	: Football, Basketball, Cricket, Badminton. Basic skills.	
<b>Unit 8 &amp; Rev.</b>	<b>24.08.2020 to 11.09.2020</b>	<b>(15)</b>
Topic	: Inter class practice match.	
<b>Unit 9</b>	<b>28.09.2020 to 16.10.2020</b>	<b>(15)</b>
Topic	: Physical fitness assessment test.	
<b>Unit 10</b>	<b>19.10.2020 to 21.11.2020</b>	<b>(17)</b>
Topic	: Physical fitness assessment test continuous. Minor games.	
<b>Unit 11</b>	<b>23.11.2020 to 05.12.2020</b>	<b>(10)</b>
Topic	: Physical fitness assessment (II).	
<b>Unit 12</b>	<b>07.12.2020 to 24.12.2020</b>	<b>(13)</b>
Topic	: Minor game, High jump, Ball throw.	
<b>Unit 13</b>	<b>07.01.2021 to 15.01.2021</b>	<b>(07)</b>
Topic	: Short distance race, Volleyball.	
<b>Unit 14</b>	<b>18.01.2021 to 30.01.2021</b>	<b>(10)</b>
Topic	: Inter class practice match.	
<b>Unit 15 &amp; Rev.</b>	<b>01.02.2021 to 12.02.2021</b>	<b>(10)</b>
Topic	: Physical fitness assessment test continuous.	

## VALUE EDUCATION

### Prescribed Book :

#### General Objectives :

Building values is an integral factor in the process of internalization of values because one can only give what one has been taught. Building values is some what similar to building a house, brick by brick. That is why value education for all members of the society is needed. Value based education for all members of society needs to be seen as a valuable investment.

#### Specific Objectives :

The values can be acquired every moment and

everyday of our lives but some basic parameters and focus areas are :-

- ❖ Contact with the broader community Eg:- family, mass media work place.
- ❖ During the process of socialization for example with family, friends, school, teachers, peer groups, neighborhood, etc.
- ❖ Habits imbibed as we grow up such as prohibition, commands, identification with family and friends, approval & disapproval of action, deeds, etc.

<b>Unit 1</b>	<b>30.03.2020 to 18.04.2020</b>	<b>(13)</b>
Topic	: Acceptance of others.	
Activity	: Poster making on equality of gender	
<b>Unit 2</b>	<b>20.04.2020 to 01.05.2020</b>	<b>(10)</b>
Topic	: Acceptance of others.	
Activity	: Article writing on gender biasness.	
<b>Unit 3</b>	<b>04.05.2020 to 15.05.2020</b>	<b>(09)</b>
Topic	: Acceptance of others.	
Activity	: Project on the basis of the interviewing your household help and a comparison with your life.	
<b>Unit 4</b>	<b>29.06.2020 to 10.07.2020</b>	<b>(11)</b>
Topic	: Acceptance of others.	
Activity	: Group discussion to sum-up Gender biasness & its ill effect.	
<b>Unit 5</b>	<b>13.07.2020 to 24.07.2020</b>	<b>(10)</b>
Topic	: Sensitivity towards environment.	
Activity	: Collage making :Save electricity.	
<b>Unit 6</b>	<b>27.07.2020 to 07.08.2020</b>	<b>(09)</b>
Topic	: Sensitivity towards environment.	
Activity	: Project on rain water harvesting.	
<b>Unit 7</b>	<b>10.08.2020 to 21.08.2020</b>	<b>(09)</b>
Topic	: Sensitivity towards environment.	
Activity	: Declamation on "How to eradicate noise pollution".	
<b>Unit 8 &amp; Rev.</b>	<b>24.08.2020 to 11.09.2020</b>	<b>(15)</b>
Topic	: Sensitivity towards environment.	

Activity	: Declamation contd.	
<b>Unit 9</b>	<b>28.09.2020 to 16.10.2020</b>	<b>(15)</b>
Topic	: Time management.	
Activity	: Managing my time.	
<b>Unit 10</b>	<b>19.10.2020 to 21.11.2020</b>	<b>(17)</b>
Topic	: Time management.	
Activity	: Poem writing :Time.	
<b>Unit 11</b>	<b>23.11.2020 to 05.12.2020</b>	<b>(10)</b>
Topic	: Time management.	
Activity	: Creative writing : 'A day in my life'.	
<b>Unit 12</b>	<b>07.12.2020 to 24.12.2020</b>	<b>(13)</b>
Topic	: Our world and the environment.	
Activity	: Talk on "My favourite country in the world".	
<b>Unit 13</b>	<b>07.01.2021 to 15.01.2021</b>	<b>(07)</b>
Topic	: Time management.	
Activity	: Chart making :Five rules on time management.	
<b>Unit 14</b>	<b>18.01.2021 to 30.01.2021</b>	<b>(10)</b>
Topic	: Recap of time management and gender sensitization.	
Activity	: Group discussion on gender sensitization.	
<b>Unit 15 &amp; Rev.</b>	<b>01.02.2021 to 12.02.2021</b>	<b>(10)</b>
Topic	: Recap of sensitivity towards environment.	
Activity	: Chart making on sensitivity towards environment.	

## LIFE SKILLS

### General Objectives :

Students would be able to :

- ❖ Acquire a sense of identity.
- ❖ Consider the role of positive self-esteem in their life.
- ❖ Think Critically to find solutions.

<ul style="list-style-type: none"> <li>❖ Understand how associating and disassociating things require Critical Thinking.</li> <li>❖ Critically rationalize on various facets of a thing.</li> <li>❖ Practice the life skills in different situations.</li> <li>❖ Develop positive attitude.</li> </ul> <p><b>Specific Objectives :</b> Students would be able to :</p> <ul style="list-style-type: none"> <li>❖ Encourage flexible imagination.</li> <li>❖ Stimulate Critical thinking.</li> <li>❖ Hold another person's frame of reference in light of differing opinions.</li> <li>❖ Ask questions as an important step to practising good listening.</li> <li>❖ Evaluate the effect of appreciating others in terms of building relationship.</li> <li>❖ Manage anger that leads to stronger relationships fewer problems.</li> </ul> <p><b>Unit 1      30.03.2020 to 18.04.2020      (13)</b> <b>Section 1 - Exploring Life Skills</b> <b>Unit 1 : An Introduction to Life Skills</b> 1.1 What are Life Skills ? (Class Discussion) <b>Section 2 - Internalizing Life Skills</b> <b>Unit 8: Coping With Stress</b> <b>Activity : Handling Stress (Role Plays)</b> Situations related to bullying &amp; teasing will be discussed. <b>Unit 2      20.04.2020 to 01.05.2020      (10)</b> <b>Unit 8 : Coping With Stress (contd.)</b> <b>Activity :</b> Coping With Stress in reference to problems faced by students (Case Studies) <b>Activity :</b> Stress Game <b>Unit 3      04.05.2020 to 15.05.2020      (09)</b> <b>Unit 8 : Coping With Stress (contd.)</b> <b>Activity :</b> How Stress affects my Life ! + Worksheet</p>	<p><b>Activity :</b> Therapeutic Writing + Worksheet <b>Unit 4      29.06.2020 to 10.07.2020      (11)</b> <b>Unit 8 : Coping With Stress (contd.)</b> <b>Activity :</b> The Relaxation Response + Worksheet <b>Unit 9 : Empathy</b> When a person gets bullied how do you empathize ? <b>Activity :</b> The Value of Respect + Worksheet <b>Unit 5      13.07.2020 to 24.07.2020      (10)</b> <b>Unit 9 : Empathy (contd.)</b> <b>Activity :</b> Council of All Beings + Worksheet <b>Activity :</b> What would You Do If... + Worksheet <b>Unit 6      27.07.2020 to 07.08.2020      (09)</b> <b>Unit 9 : Empathy (contd.)</b> <b>Activity :</b> Choosing to Help Others + Worksheet <b>Unit 7      10.08.2020 to 21.08.2020      (09)</b> <b>Unit 9 : Empathy (contd.)</b> <b>Activity :</b> Broken Bonds + Worksheet <b>Unit 8 &amp; Rev. 24.08.2020 to 11.09.2020      (15)</b> <b>Unit 9 : Empathy (contd.)</b> <b>Activity :</b> Nobody wants to Befriend a Bully <b>Unit 9      28.09.2020 to 16.10.2020      (15)</b> <b>Unit 10 : Decision Making</b> <b>Activity :</b> Class Discussion on process of decision making + Making Informed Choices + Worksheet-1, 2 <b>Unit 10      19.10.2020 to 21.11.2020      (17)</b> Unit 10: Decision Making (contd.) <b>Activity :</b> Practicing Making Decisions <b>Activity :</b> Bomb Shelter <b>Unit 11      23.11.2020 to 05.12.2020      (10)</b> <b>Unit 10 : Decision Making (contd.)</b> <b>Activity :</b> Classroom Council <b>Activity :</b> Two Truths and a Lie <b>Unit 12      07.12.2020 to 24.12.2020      (13)</b> <b>Unit 10 : Decision Making (contd.)</b></p>	<p><b>Activity 6 :</b> Conflicts ! My Conflicts + Worksheet <b>Unit 13      07.01.2021 to 15.01.2021      (07)</b> <b>Unit 11 : Problem Solving</b> <b>Activity :</b> I Can + Worksheet <b>Activity :</b> Barriers to Problem Solving + Worksheet <b>Unit 14      18.01.2021 to 30.01.2021      (10)</b> Unit 11 : Problem Solving (contd.) <b>Activity :</b> The Six Thinking Hats + Worksheet <b>Activity :</b> Understanding a Problem Better <b>Unit 15 &amp; Rev. 01.02.2021 to 12.02.2021      (10)</b> Unit 11: Problem Solving (contd.) <b>Activity:</b> Why I Eat What I Eat? Workshop</p>
---	---	---