# **INDEX**

| S.No. Contents                                       | Page No. |
|--|----------|
| 1. Preface   | 2        |
| 2. General Guidelines                                | 3        |
| 3. Guidelines for Assessments                        | 4        |
| 4. Schedule of distribution of units in the syllabus | 6        |
| 5. <u>Syllabus in Detail :</u>                       |          |
| • English  | 7        |
| • HIndi  | 10       |
| Mathematics  | 14       |
| • Science  | 15       |
| Social Science                                       | 17       |
| Sanskrit   | 19       |
| Computer Science                                     | 21       |
| General Knowledge                                    | 22       |
| Art & Craft  | 23       |
| • Music  | 23       |
| • Dance  | 24       |
| Physical Education                                   | 25       |
| Value Education                                      | 25       |
| Life Skills  | 26       |

# **PREFACE**

Curriculum planning is a continuous process. It is crucial in the context of education and plays an important role in bringing out desirable social, economic and cultural changes. By designing relevant and detailed syllabi for different stages of school education an important link is established between educational objectives and the expected developmental goals in a systematic and graded manner.

It is imperative to consider the various issues and concerns in education and relate them to social, economic and cultural issues along with numerous other issues related to environment, industry, agriculture conservation of natural resources, defence, health, nutrition and population and give fresh look to these issues while designing syllabus in an integrated manner. There is also an urgent need to address some other educational concerns like eliminating imbalances, facing the impact globalization, meeting the challenges of information and communication technology, linking education with life-skills and harnessing education for value development. Emphasis is laid on the process of learning and developing necessary academic and social skills more than acquisition of facts.

The National Curriculum Framework for school Education recommends a common scheme of studies for the upper primary stage (3 years) with emphasis on the skills of learning. This scheme of studies is as follows:

- 1. Three Languages mother tongue / regional language, modern Indian language and English
- 2. Mathematics
- 3. Science and Technology
- 4. Social Science
- 5. Work Education
- 6. Art Education Fine Art, Visual and Performing
- 7. Health and Physical Education

The prescribed syllabus is an excellent course designed under the new norms of the NCERT Syllabus and guidelines. It holds a modern approach of teaching for the development of a young and creative mind. The illustrations and fun filed activities along with the class room teaching facilities the learners to develop power of thinking and analyzing. The syllabus is designed so that the assessment system, child's Psychology, period distribution quality grasping and activities goes hand in hand systematically.

# **GENERAL GUIDELINES FOR THE STUDENTS**

- 1. Students should be present in the class at the start of the period and reach in time for all other activities and functions.
- 2. Attendance on the last day of school before vacation and first day of the school after vacations is absolutely essential.
- 3. Students are required to behave politely at all times and should not use indecent languages or, indulge in fights and quarrels with other children in the school. Any behaviour likely to hurt others in the matter of language, religion or community is strictly prohibited.
- Children should refrain themselves from the following activities:
   Spitting in or near the school building, disfiguring or otherwise damaging the school property, any form of rowdyism and rude behaviour.
- 5. No students should scratch or damage the school property or write or draw on the walls or cause damage in any way to any item belonging to the school or to others in the school. Any damage done will render the students liable for recovery of damages.
- 6. In the absence of the teacher from the classroom students are required to observe silence and obey the monitor of the class.
- 7. Every student should have his/her own textbook, stationery and other material required for studies, Articles should not be exchanged, nor should money be borrowed or lent.
- 8. A student who uses unfair means in the examination will render himself/herself liable to such punishment as is considered necessary by the Principal/Co-ordinator.
- 9. The general behaviour of students should be good not only within the school but also outside. Any reported objectionable conduct within or outside the school will make the student liable for disciplinary action.
- 10. Every student should take care of his/her personal belongings, School authorities will not be responsible for loss of such belongings.
- 11. It is the duty of all students to keep their classrooms and other places in and around the school clean and in order. All waste paper and other discardable materials should be thrown in the dustbin.
- 12. No student is allowed to write on the black board unless asked to do so by the teacher.
- 13. Before leaving the class room at the end of the day they should arrange the desks and chairs in proper order, put off the lights and fans, close the windows, throw the waste and unwanted materials into the dustbin and then leave the class room.
- 14. A student should come to the school in proper uniform which should be properly washed & ironed.
- 15. A student should greet/wish everybody with a pleasant smile.
- 16. Violation of the rules and regulations of the school and the code of conduct will render the concerned student liable to punishment including removal from the rolls of the school.

In view of circular no. CBSE/ACAD/5/17 dated 31.01.17 and circular no. ACAD/14/2017 dated 21.03.2017 received from CBSE, the school has remodelled the scholastic and co-scholastic assessment pattern for the academic year 2020-21.

# SCHOLASTIC & CO-SCHOLASTIC ASSESSMENT PATTERN FOR ASSESSMENT YEAR 2020-21

# SCHOLASTIC ASSESSMENT

| Written Examination               | Subjects of Study | Syllabus              | Internal Assessment (20 Marks) |                                |                               |                     |
|-----------------------------------|-------------------|-----------------------|--------------------------------|--------------------------------|-------------------------------|---------------------|
| 80 Marks                          |                   | Coverage              | Periodic Tests                 | Notebook Portfolio             | Subject Enrichment Activities | Multiple Assessment |
|                                   |                   |                       | 5 Marks                        | 5 Marks                        | 5 Marks                       | 5 Marks             |
| TERM-1                            | English           | Entire Syllabus       |                                |                                | Speaking & Listening Skills   |                     |
| April'20 - Sept.'20               | Hindi             | covered from          | 2 Rounds of PA                 | Regularity - 2 Marks           | Speaking & Listening Skills   | Quiz                |
| Half Yearly Exams - 80 Marks      | 3rd Language      | April'20 to           | carrying 20 marks each.        | Assignment Completion-2 Marks  | Speaking & Listening Skills   | MCQ's               |
|                                   | Mathematics       | Sept.'20              | The above will be              | Neatness & upkeep of           | Maths Lab Practical           | Orals               |
|                                   | Science           | in term-1             | reduced to 5 marks.            | notebooks - 1 Mark             | Practical Lab work            | Extempore           |
|                                   | Social Science    |                       |                                |                                | Project work                  | Science Seminar     |
|                                   | Computer Science  | l                     | Grade only                     |                                |                               | Role Plays          |
|                                   | General Awareness | ſ                     | Grade Only                     |                                |                               | Presentations       |
| Qualifying Marks - 40% i.e. 32/80 |                   |                       | Qualifying Marks 2/5           | Qualifying Marks 2/5           | Qualifying Marks 2/5          |                     |
| TOTAL OF TERM - 1                 |                   |                       |                                | <u> </u>                       |                               |                     |
| Written Exam + Int. Assessment    |                   |                       |                                |                                |                               |                     |
| 32/80 + 4/10 + 2/5 + 2/5 = 40/100 |                   |                       |                                |                                |                               |                     |
|                                   |                   |                       |                                |                                |                               |                     |
| TERM-2                            | English           | 30% of 1st term       |                                |                                | Speaking & Listening Skills   |                     |
| (Oct.'20 - Feb./March'21          | Hindi             | syllabus covering     | 2 Rounds of PA                 | Regularity - 2 Marks           | Speaking & Listening Skills   | Quiz                |
| Annual Exams - 80 Marks           | 3rd Language      | significant topics    | carrying 20 marks each.        | Assignment Completion- 2 Marks | Speaking & Listening Skills   | MCQ's               |
|                                   | Mathematics       | and entire            | The above will be              | Neatness & upkeep of           | Maths Lab Practical           | Orals               |
|                                   | Science           | syllabus of           | reduced to 5 marks.            | notebooks - 1 Mark             | Practical Lab work            | Extempore           |
|                                   | Social Science    | 2 <sup>nd</sup> term. |                                |                                | Project work                  | Science Seminar     |

| Written Examination               | Subjects of Study | Syllabus | Internal Assessment (20 Marks) |                       |                               |                     | Internal Assessment (20 Marks) |  |
|-----------------------------------|-------------------|----------|--------------------------------|-----------------------|-------------------------------|---------------------|--------------------------------|--|
| 80 Marks                          |                   | Coverage | Periodic Tests                 | Notebook Portfolio    | Subject Enrichment Activities | Multiple Assessment |                                |  |
|                                   |                   |          | 5 Marks                        | 5 Marks               | 5 Marks                       | 5 Marks             |                                |  |
|                                   | Computer Science  | l        |                                |                       |                               | Role Plays          |                                |  |
|                                   | General Awareness | ſ        |                                |                       |                               | Presentations       |                                |  |
| Qualifying Marks - 40% i.e. 32/80 |                   |          | Qualifying Marks 2/5           | Qualifying Marks 2/5  | Qualifying Marks 2/5          |                     |                                |  |
| TOTAL OF TERM - II                |                   |          |                                | V                     |                               |                     |                                |  |
| Written Exam + Int. Assessment    |                   |          |                                |                       |                               |                     |                                |  |
| 32/80 + 4/10 + 2/5 + 2/5 = 40/100 |                   |          |                                |                       |                               |                     |                                |  |
|                                   |                   |          |                                |                       |                               |                     |                                |  |
| Annual Average :                  |                   |          | Average will be taken          | Average will be taken | Average will be taken         |                     |                                |  |
|                                   |                   |          | and marked out of 5            | marked out of 5       | and marked out of 5           |                     |                                |  |

Equal weightage (i.e.)(50% weightage) will be given to Term-1 and Term-2 result for being eligible for promotion to next class.

1. All the scholastic assessments will be graded on a 8 point grading scale, as per the grading scale given below:

| Grade           |
|-----------------|
| A1              |
| A2              |
| B1              |
| B2              |
| C1              |
| C2              |
| D               |
| E (Needs Improv |
|                 |

vement)

- 2. There will be no upscaling of the grades.
- 3. Subject enrichment activity will be carried out regularly and the assessment would be conducted before the Half Yearly Exams and Annual
- 4. Note book observation/assessment would be carried out regularly.
- 5. The syllabus for the unit test will be in accordance with the syllabus covered before the unit test.

#### CO-SCHOLASTIC ASSESSMENT

In our endeavour to promote a holistic development of the students, inculcate good behaviour, sound values and foster unity and cooperation amongst them, they would be required to undertake the following activities.

- (a) Work Experience (b) Art Education (c) Health & Physical Education (d) Discipline, Attendance, Attitude, Values & Life Skills.
- All the above mentioned activities will be graded on a '3' point grading scale i.e. A-C.
- (A = Outstanding, B = Very Good, C = Fair)

# **UNIT WISE DISTRIBUTION OF THE SYLLABUS (2020-21)**

# **CLASS-VII**

| Units                  | Dates         |                 |  |
|------------------------|---------------|-----------------|--|
|                        | From          | То              | No. of Days                            |
| Unit 1                 | 30.03.2020    | 18.04.2020      | 13                                     |
| Unit 2                 | 20.04.2020    | 01.05.2020      | 10                                     |
| Unit 3                 | 04.05.2020    | 15.05.2020      | 09                                     |
| <b>Summer Vacation</b> | 18.05.2020    | 26.06.2020      |  |
| Unit 4                 | 29.06.2020    | 10.07.2020      | 11                                     |
| Unit 5                 | 13.07.2020    | 24.07.2020      | 10                                     |
| Unit 6                 | 27.07.2020    | 07.08.2020      | 09                                     |
| Unit 7                 | 10.08.2020    | 21.08.2020      | 09                                     |
| Unit 8 & Rev.          | 24.08.2020    | 11.09.2020      | 15                                     |
| Half Yearly Exams      | 14.09.2020    | 25.09.2020      |  |
| Unit 9                 | 28.09.2020    | 16.10.2020      | 15                                     |
| Unit 10                | 19.10.2020    | 21.11.2020      | 17 (Including Dussehra & Diwali Break) |
| Autumn Break           | 22.10.2020    | 25.10.2020      |  |
| Unit 11                | 23.11.2020    | 05.12.2020      | 10                                     |
| Unit 12                | 07.12.2020    | 24.12.2020      | 13                                     |
| Winter Break           | 25.12.2020    | 06.01.2021      |  |
| Unit 13                | 07.01.2021    | 15.01.2021      | 07                                     |
| Unit 14                | 18.01.2021    | 30.01.2021      | 10                                     |
| Unit 15 & Rev.         | 01.02.2021    | 12.02.2021      | 10                                     |
| Annual Exams           | 15.02.2021 or | wards (Tentativ | /e)                                    |
| ASSESSMENT SCHE        | DULE :        |                 |  |
| Assessment             | Da            | tes             |  |
|                        | From          | То              |  |
| Periodic Asst. 1       | 20.04.2020    | 13.07.2020      |  |
| Periodic Asst. 2       | 20.07.2020    | 24.08.2020      |  |
| Half Yearly Exams      | 14.09.2020    | 25.09.2020      |  |
| Periodic Asst. 3       | 12.10.2020    | 07.12.2020      |  |
| Periodic Asst. 4       | 14.12.2020    | 01.02.2021      |  |
| Annual Exams           | 15.02.2021 or | wards (Tentativ | /e)                                    |

# **ENGLISH**

#### **Prescribed Books:**

- 1. Honeycomb Publication: NCERT
- 2. An Alien Hand Publication: NCERT
- 3. The English Channel Course Book Publication : By Britannica (India) Pvt. Ltd

# **General Objectives:** To enable the students:

- To communicate effectively and appropriately in real life situation.
- To develop interest in and appreciation of .
- To listen, understand and communicate using English in a variety of topics.
- To read, enjoy and appreciate written English materials.
- To develop an awareness of the importance of the English language as an international means of communication in order to benefit from it.
- To develop and integrate the use of the four language skills i.e. Reading, Listening, Speaking and Writing;
- To develop students insight into the structure of English Language.

# **Specific Objectives:**

- A) Receptivity:
- (1) Reading Skills : The ability to read English with understanding

#### The student is able to:

- (i) understand the total content and underlying meaning in the context;
- (ii) follow sequence of ideas, facts etc.
- (iii) identify and understand phrase or sentence groups;
- (iv) draw inferences and predict outcomes;
- (v) grasp meaning of words and sentences and acquire the ability to use a suitable dictionary;

- (vi) form the habit of reading for pleasure and information:
- (vii) develop correct reading habits, silently, extensively and intensively;
- (viii) comprehend material other than the prescribed text; and comment on the passages read.
- (2) Listening Skills: The ability to understand English when it is spoken.

#### The student is able to:

- (i) understand meaning of words, phrases and sentences in context;
- (ii) understand statements, questions, instructions, and commands;
- (iii) follow directions, simple narratives and description given orally;
- (iv) grasp the substance and central idea of what is heard;
- (v) listen and understand radio broadcasts, T.V. Programmes; and
- (vi) maintain his/her listening attention for a reasonable length of time.
- B) Expression:
- (1) Speaking Skills: The ability to speak intelligibly.

#### The Student is able to:

- (i) pronounce English Correctly and intelligibly;
- (ii) use appropriate word stress, sentence stress and elementary intonation patterns;
- (iii) speak intelligibly while making statements, asking question, giving instructions and commands, reporting events.
- (iv) put ideas sequentially;
- (v) narrate simple experiences and series of events to convey its essence and intention and
- (vii) converse in familiar social situations.

(2) Writing Skills: The ability to write English correctly.

#### The student is able to:

- (i) master the Mechanics of writing; the use of correct punctuation marks and capital letters;
- (ii) spell words correctly, write neatly and legibly
- (iii) complete accurately and fluently semi controlled compositions like stories, events, processes etc;
- (iv) write description of people, places and things and respond imaginatively to textual questions;
- (v) write paragraphs, letters. (Personal and official) simple, narrative pieces, reports, notices, messages, diary entries etc;
- (vi) make notes and summarize, edit written material and expand notes.
- C) Attitudinal Change: Through the course, the student should be able to - imbibe ethical, moral, national and cultural values through various forms of.
- D) Creative Expression-During the course, the student should be enabled to write an original, dialogue, story one-act play, poems etc.

Subject to minor changes due to unavoidable circumstances

#### Unit 1 30.03.2020 to 18.04.2020 (13)

Honeycomb : Unit 1 Three questions (Story)

The Rebel (Poem)

Grammar : Noun and its kinds

W. Skills : Notice writing

# Art Integration/Activity:

- 1. Make flash card writing down all the three questions on them.
- 2. Make flash cards on Rhyme scheme used in the poem.

- Pick out nouns from a newspaper article.
   Also mention their types. (The learners will paste the article in their notebook and proceed further)
- 4. Different topics on different fields of notice for all range of learners.

Unit 2 20.04.2020 to 01.05.2020 (10)

MCB: Unit 1 Pirate Story
An Alien Hand: The Tiny Teacher
Grammar: Pronoun and its kinds
Writing Skills: Message Writing
Art Integration/Activity:

- 1. Discuss &Write: Do you think imagination can only be used while you play? In what other ways can you use your imagination?
- 2. Write a story using all the types of pronouns.
- 3. On an A4 size sheet write down a message including the proper format.

Unit 3 04.05.2020 to 15.05.2020 (09)

MCB : Unit 1 The adventure of the Mason

An Alien Hand: Bringing up Kari Grammar: Verb & its Kinds Writing: Diary Writing Art Integration/Activity:

- Make a personality card of Washington Irving. Reading and discussion
- Students will be introduced to verb rap song where in the functions of the verbs will be more clear.
- 3. The teacher will use shared writing technique to write a diary entry of the previous day on the board. Explaining the task to students that they have to write about the happenings of the previous day and write about 5 happenings/events/ activities in points, using time order words individually in their copies.

The students will be allocated time to edit their own work.

Unit 4 29.06.2020 to 10.07.2020 (11)

Honeycomb: Unit 3 The Shed (Poem )

Unit 2 MCB : The Brook (Poem) Tippitty, the flying squirrel (narrative)

An Alien Hand : The Dessert

Grammar : Agreement of Verb

Writing : Diary Writing (contd)

Art Integration/Activity:

- Children in groups will discuss spooky stories based on their real experiences. Short Project on Alliteration (invention, what, when and how to use) Discuss in group: Do you know of a real-life story, similar to one presented in the passage, where a favorite pet animal or bird gets killed? Share it with your classmates
- 2. Memory Game

The way it works is that you write some matching subjects and verbs on separate cards. For example:she, goes, they, don't like, I, am (You'll want 8 pairs, or 16 in total. Some may match with more than one card which is fine.)

Unit 5 13.07.2020 to 24.07.2020 (10) Honeycomb: Unit 4 : The ashes that made

trees bloom (Story)

MCB : Unit 3 The Stolen Bacillus

An Alien Hand: The Dessert

Grammar : Tenses

Writing Skills : formal Letter Art Integration/Activity :

1. Write aspects of Japanese story on flash card.

- Weave your imagination: Think of a sci-fi movie, take some of its elements and then weave a story. On an A4 size sheet write down the story and make illustrations related to it.
- 2. Group discussion on Dessert
  The students will be segregated in 3 groups.
  Each group will be given three tenses each.
  They need to prepare a role play including
  only that particular tense. If team A has
  present tense, he/she will only use that
  tense while preparing that role play.
- 4. On an A4 sheet write down the format and paste it in notebook.

Unit 6 27.07.2020 to 07.08.2020 (09)
Honeycomb: Unit 6 Expert Detectives (Story )
MCB : The Charge of the Light Brigade (Poem)

An Alien Hand: The Cop and the Anthem

Grammar : Tense (contd)

Writing Skills: Formal letter (contd)

Art Integration/Activity:

- Make a questionnaire and discuss the points in small groups and then discuss its results in the class.
- 2. Draw an illustration related to war.
- 3. Reading Activity

Unit 7 10.08.2020 to 21.08.2020 (09)

MCB: Instead of the War Drum An Alien Hand: Golu Grows a Nose

Grammar : Determiners Writing Skills : Poster Making

Art Integration/Activity:

- Discussion on Buddha's Noble Eightfold Path and discuss how it can apply to your daily life. Discussion on Rudyard Kipling.
- 2. Worksheets for all range of learners.
- 3. Poster Making for all range of learners.

Unit 8 & Rev. 24.08.2020 to 11.09.2020 (15)

Alien Hand: I want something in a cage. Revision Test, Mock/ Sample Paper Test

Art Integration/Activity:

1. Enactment of one-act plays.

Unit 9 28.09.2020 to 16.10.2020 (15)

Honeycomb: Unit 7: Dad and the cat and the

tree. (poem)

MCB : Unit 6 When Hitler Stole Pink

Rabbit.

Grammar : Voice

Writing Skill: Story Writing Art Integration/Activity:

Draw an illustration of Dad, cat and tree altogether.

2. Role Play delivering dialogues in the passive.

- 3. PPT
- 4. Rule chart
- 5. Peer Review

Unit 10 19.10.2020 to 21.11.2020 (17)

MCB : Unit 6 When Hitler Stole Pink

Rabbit contd.

An Alien Hand : Chandni Grammar : Voice contd.

Writing Skills: Story Writing contd.

Art Integration/Activity: Character sketch of Hitler

Unit 11 23.11.2020 to 05.12.2020

Honeycomb: Unit 8: Fire: Friend & Foe (Story)

An Alien Hand: The Bear Story

Grammar : Adjective
Writing : Email Writing
Art Integration/Activity :

1. Chart of adjectives (3 forms)

2. Make a chart on do's and don't's of writing an email

Unit 12 07.12.2020 to 24.12.2020 (13)

Honeycomb: Unit 8 Fire: Friend & Foe (Story)

contd

An Alien Hand: A Tiger in the house

Grammar : Preposition

Writing : E-mail writing contd.

Art Integration/Activity:

1. Preposition song

2. Make a chart on do's and don't's of writing an email.

Unit 13 07.01.2021 to 15.01.2021 (07)

MCB : Unit 7 Indian Weavers

Grammar : Conjunction
Writing : Article writing
Art Integration/Activity :

1. Draw an illustration on Indian weavers.

Create a flower petal graphic organizer on the board. The centre of the flower should contain one type of conjunction and the petals should contain an example of the same.

3. Cut out a few articles from newspaper and analyze if they follow the recent pattern.

Unit 14 18.01.2021 to 30.01.2021 (10)

MCB : Unit 7 The Chocolate Cream

Soldier

An Alien Hand: An Alien Hand
Grammar: Reported Speech
Writing: Article Writing Contd

Art Integration/Activity:

- 1. Role Play
- 2. Reading Activity
- 3. Poster on rules of reported speech

Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)

Grammar : Reported Speech Contd

Writing : Dialogue Writing

Art Integration/Activity:

1. Dividing the students in pairs. They will be

shown a picture of people talking. They need to write atleast 10 dialogues.

#### ASSESSMENT SCHEDULE:

Periodic Asst. 1 20.04.2020 to 13.07.2020

Reading : Unseen Comprehension Honeycomb: Three Questions(story)

The Rebel (poem)

Grammar : Noun & Pronoun Writing skills : Notice writing

Periodic Asst. 2 20.07.2020 to 24.08.2020

Reading : Unseen Comprehension

Unit 2 MCB: The Brook (Poem)

Tippitty, the flying squirrel

(narrative)

Grammar : Agreement of verb

Writing : Diary writing

Half Yearly Exams 14.09.2020 to 25.09.2020

Reading : Unseen Comprehension

Honeycomb: Three questions, The Rebel, The

Shed, The Ashes that made the

trees bloom

MCB : Unit 1 to Unit 3

Grammar : Agreement of verb, Determiners,

Tenses.

Writing : Notice Writing, diary writing,

formal writing

Periodic Asst. 3 12.10.2020 to 07.12.2020

Reading : Unseen Comprehension

Honeycomb: Unit 7 Dad and the cat and the

tree. (poem)

MCB : Unit 6 When Hitler Stole Pink

Rabbit.

Grammar : Voice

W. Skills : Poster Writing

Periodic Asst. 4 14.12.2020 to 01.02.2021

Reading : Unseen Comprehension

Honeycomb: Fire Friend and Foe

Grammar : Adjectives W. Skills : Story Writing

Annual Exams 15.02.2021 onwards (Tenta.)

Reading : Unseen Comprehension

Honeycomb: Unit 1 to Unit 8 MCB : Unit 1 to Unit 7

Grammar : Noun, Pronoun, Verb, Agreement

of Verb, Tense, Determiners, Adjective, voice, Reported Speech

Conjunction, Preposition.

W. Skills : Diary Writing, formal Letter, Poster

Making, Story Writing, E-Mail

Writing

# हिंदी

# प्रस्तावित पुस्तकें :

- 1. वसंत-भाग-1 प्रकाशक : एन.सी.ई.आर.टी
- 2. व्याकरण संबोध प्रकाशक : मधुबन प्रकाशन
- पिटारा-पूरक पुस्तक प्रकाशक : पी,पी, प्रकाशन
   भाषा शिक्षण के उद्देश्य :
- ❖ छात्रों के भाषायी कौशल का विकास करना ।
- ❖ छात्रों के विचारों एवं विचार शक्ति का विकास करना ।
- ❖ छात्रों की रचनात्मकता का विकास करना ।
- ❖ कविता पाठन द्वारा लयात्मकता का विकास करना ।
- ❖ रचनात्मक गतिविधियों द्वारा नैतिक मूल्यों का विकास करना ।

❖ छात्रों की कल्पना-शक्ति व सृजनशीलता का विकास करना ।

Unit 1 30.03.2020 to 18.04.2020 (13) वसंत : पाठ 1 हम पंछी उन्मुक्त गगन के

(कविता)

व्याकरण : वर्ण विचार, वर्ण-विच्छेद, भाषा,

बोली, लिपि और व्याकरण

रचनात्मक : अनुच्छेद लेखन

कला एकीकरण :

- विभिन्न पिक्षयों के पंख एकत्रित करके
   अभ्यास-पुस्तिका में लगाइए ।
- विभिन्न पिक्षियों के चित्र चिपकाकर उनकी विशेषताएँ लिखिए ।
- 'मानव की वर्तमान जीवन-शैली और शहरीकरण से जुड़ी योजनाएँ पक्षियों के लिए घातक हैं'-इस विषय पर अनुच्छेद लिखिए।
- हिंदी शब्दकोश का प्रयोग करना ।
   अधिगम के प्रतिफल :
- छात्र-छात्राओं में स्वतंत्रता के प्रति प्रेम की भावना का विकास हुआ ।
- 2. छात्रों की भावाभिव्यक्ति समृद्ध हुई।
- 3. भाषा के शुद्ध उच्चारण में सहायता प्राप्त हुई ।
- 4. छात्रों के शब्द-भंडार में वृद्धि हुई।

Unit 2 20.04.2020 to 01.05.2020 (10) वसंत : पाठ: 5 मिठाई वाला (कहानी)

पिटारा : पाठ 1 मंत्र

व्याकरण : ध्वनियाँ-अनुस्वार, अनुनासिक, नुक्ता, मुहावरे रचनात्मक-पत्र लेखन: अनौपचारिक पत्र

# कला एकीकरण :

- अपने मनपसंद कहानीकार द्वारा लिखी गई कोई एक कहानी लिखिए ।
- अपिठत गद्यांश को पढ़कर स्वयं उत्तर देना ।
   अधिगम के प्रतिफल :
- 1. छात्रों ने जीवन में परिवार के महत्त्व को जाना
- 2. छात्रों में नैतिक मूल्यों का विकास हुआ।
- 3. छात्रों के व्याकरणिक ज्ञान में वृद्धि हुई ।
- 4. छात्रों के भावों को अभिव्यक्ति मिली।

Unit 3 04.05.2020 to 15.05.2020 (09)

वसंत : पाठ-4 कठपुतली (कविता) पाठ-6 रक्त और हमारा शरीर

पिटारा : पाठ 3: दधीचि का त्याग

व्याकरण : शब्द विचार, शब्द-भंडार,

पर्यायवाची. विलोम शब्द

रचनात्मक-संवाद लेखन

# कला एकीकरण :

- 1. रक्त संचरण पर पी.पी.टी. बनाकर लाइए ।
- दया, परोपकार आदि नैतिक मूल्यों से संबंधित कहानी लिखिए ।
- कठपुतली बनाकर लाएँ और यू ट्यूब की सहायता से चलाना सीखें।

### अधिगम के प्रतिफल:

- 1. छात्रों को स्वतंत्रा का महत्त्व पता चला।
- 2. छात्रों में विज्ञान विषय के प्रति रुचि जागृत हुई
- 3. छात्रों की कल्पना शक्ति का विकास हुआ।
- 4. शब्द-भंडार में वृद्धि हुई।
- 5. छात्रों की भावाभिव्यक्ति समृद्ध हुई।

Unit 4 29.06.2020 to 10.07.2020 (11)

वसंत : पाठ 7: पापा खो गए (नाटक)

पिटारा : पाठ 4: मेरी प्यारी दिल्ली

व्याकरण : विराम चिहुन, शब्द-भंडार, वाक्यांश

के लिए एक शब्द, अनेकार्थी शब्द।

रचनात्मक-विज्ञापन लेखन, संवाद लेखन कला एकीकरण :

- 1. हास्य नाटक मंचन ।
- दिल्ली के दर्शनीय स्थलों की जानकारी एकत्र करके अभ्यास-पुस्तिका में लिखें ।

# अधिगम के प्रक्तिल:

- छात्र बच्चों का अपहरण करने वाले असामाजिक तत्वों से सदा सावधाान रहने की प्रवृति के प्रति जागरूक हुए ।
- छात्रों में एकता व सहयोग की भावना का विकास हुआ ।
- 3. छात्रों के सामान्य ज्ञान में वृद्धि हुई।
- छात्रों ने व्याकरणिक प्रकरणों को सूक्ष्मता से समझा ।

5. अपने विचारों को व्यक्त करना सीखा।

छात्रों की सृजनात्मक शक्ति का विकास हुआ।

Unit 5 13.07.2020 to 24.07.2020 (10)

वसंत : पाठ 8: शाम एक किसान (किवता)

व्याकरण : उपसर्ग, पद परिचय, संज्ञा

रचनात्मक-चित्र वर्णन, चित्र लेखन

कला एकीकरण :

प्रातः कालीन बेला को दर्शाता हुआ एक पोस्टर अभ्यास-पुस्तिका में बनाइए ।

## अधिगम प्रतिफल:

- 1. छात्रों के प्रकृति-प्रेम में वृद्धि हुई।
- 2. छात्रों में सुर-ताल-लय का विकास हुआ।
- 3. छात्रों के व्याकरण ज्ञान में वृद्धि हुई।
- 4. कल्पना शक्ति का विकास हुआ।
- छात्रों की भावाभिव्यक्ति को अवसर प्रदान हुए
   Unit 6 27.07.2020 to 07.08.2020 (09)

वसंत : पाठ 9 चिड़िया की बच्ची (कहानी)

व्याकरण : उपसर्ग, पद परिचय, सर्वनाम रचनात्मक-अनुच्छेद लेखन

# कला एकीकरण:

- जीवन में माँ के महत्त्व को दर्शाती एक अन्य कहानी लिखिए ।
- अपिठत गद्यांश को पढ़कर स्वयं उत्तर देना।
   अधिगम प्रतिफल :
- 1. छात्रों की कल्पना शक्ति का विकास हुआ।
- 2. छात्रों में माँ के प्रति प्रेम का विकास हुआ।

 छात्रों ने व्याकरण प्रकरणों को सूक्ष्मता से समझा ।

Unit 7 10.08.2020 to 21.08.2020 (09)

वसंत : पाठ 18 संघर्ष के कारण मैं तुनक

मिजाज हो गया (साक्षात्कार)

व्याकरण : प्रत्यय, पद-परिचय, विशेषण

पिटारा : पाठ 5: भिखारिन

रचनात्मक-औपचारिक पत्र-लेखन

गतिविधिः साक्षात्कार लेने हेतु प्रश्नों की सूची

तैयार कीजिए और अलग-अलग समूह

बनाकर एक-दूसरे का साक्षात्कार लीजिए ।

### अधिगम प्रतिफल :

- छात्रों में साक्षात्कार लेने के कौशल का विकास हुआ ।
- छात्र प्रत्यय व पद-परिचय प्रकरणों को सूक्ष्मता से समझ पाए ।
- छात्रों में दया, ममता, परोपकार जैसे नैतिकगुणों का विकास हुआ ।
- 4. स्वयं के भावों को व्यक्त कर सकने की क्षमता का विकास हुआ।

Unit 8 & Rev. 24.08.2020 to 11.09.2020 (15)

वसंत : पाठ 10 अपूर्व अनुभव (संस्मरण)

व्याकरण : प्रत्यय, पद परिचय, क्रिया, मुहावरे

रचनात्मक-अनुच्छेद लेखन, विज्ञापन लेखन

# कला एकीकरण:

सरकार द्वारा अपंग लोगों के लिए चलाए जा रहे अभियानों व योजनाओं की जानकारी प्राप्त कीजिए और उत्तर पुस्तिका में लिखिए।

# अधिगम प्रतिफल :

- छात्रों में अपंग लोगों के प्रति प्रेम, सहानुभूति
   आदि गुणों का विकास हुआ ।
- 2. छात्रों के व्याकरणिक ज्ञान में वृद्धि हुई।
- 3. छात्रों में अपने मन के भावों को अभिव्यक्त कर सकने की क्षमता का विकास हुआ ।
- 4. सृजनात्मकता का विकास हुआ।
- छात्रों में लेखन-कौशल का विकास हुआ ।
   Unit 9 28.09.2020 to 16.10.2020 (15)

वसंत : पाठ 12 कंचा (कहानी)

व्याकरण : पद परिचय, अविकारी शब्द (क्रिया विशेषण, समुच्चय बोधक), समास

रचनात्मक-संवाद लेखन

# कला एकीकरण:

किन्हीं दो मनपसंद खेलों के नियमों को लिखिए तथा खिलाड़ियों का कोलार्ज अभ्यास पुस्तिका में बनाइए ।

# अधिगम प्रतिफल:

- छात्रों में पारंपरिक खेलों के प्रति रुचि जागृत हुई ।
- 2. छात्रों की कल्पना-शक्ति का विकास हुआ।

 छात्रों ने क्रियाविशेषण प्रकरण को सूक्ष्मता से समझा ।

Unit 10 19.10.2020 to 21.11.2020 (17)

वसंत : पाठ 11 रहीम के दोहे

पिटारा : पाठ ७ तीन सवाल

व्याकरण : पद परिचय, अविकारी शब्द-

( संबंधबोधक, विस्मयादि बोधक)

रचनात्मक-चित्र लेखन

# कला एकीकरण :

- 'मन के हारे हार है, मन के जीते जीत'
   विषय पर एक अनुच्छेद लिखिए।
- किन्हीं पाँच मनपसंद दोहों को याद कीजिए और कक्षा में सुनाएँ ।

# अधिगम के प्रतिफल:

- छात्रों ने दोहों का उचित आरोह-अवरोह के साथ वाचन करना सीखा ।
- छात्रों ने व्यावहारिक जीवन में काम आने वाली शिक्षाओं को सीखा ।
- 3. छात्रों में काव्य-कौशल का विकास हुआ।
- 4. छात्रों ने अव्यय प्रकरण को सूक्ष्मता से समझा ।

Unit 11 23.11.2020 to 05.12.2020 (10)

वसंत : पाठ 15 नीलकंठ (रेखाचित्र)

व्याकरण : वाक्य विचार (अर्थ के आधार पर भेद)

रचनात्मक-विज्ञापन लेखन

# कला एकीकरण :

2. अपने परिवार, मित्रों अथवा आस-पड़ोस द्वारा

पालित पशु या पक्षी के रूप-रंग, स्वभाव, व्यवहार का अवलोकन करके उसका शब्द चित्र खींचिए।

 अव्यय शब्दों की तालिका का निर्माण अभ्यास पुस्तिका में करें।

# अधिगम के प्रतिफल:

- छात्रों में पशु-पक्षियों के प्रति प्रेम का विकास हुआ ।
- छात्रों ने कवियत्री महादेवी वर्मा के जीवन में पशु-पिक्षयों की महत्ता को जाना ।
- 3. छात्रों ने वाक्य प्रकरण को सूक्ष्मता से समझा ।
- 4. छात्रों ने अपने भावों व विचारों को अभिव्यक्त करना सीखा ।

Unit 12 07.12.2020 to 24.12.2020 (13) वसंत : पाठ 13 एक तिनका (कविता)

पिटारा : पाठ 8 जय गंगे

व्याकरण : वाक्य विचार

रचनात्मक-अनुच्छेद लेखन

# कला एकीकरण :

- गतिविधिः 'अभिमानी का सिर नीचा' शीर्षक पर एक कहानी लिखिए और कक्षा में सुनाइए ।
- 'समाज में फैल रहे अंध विश्वासों के प्रति जागृति' विषय पर अनुच्छेद लिखिए ।

# अधिगम के प्रतिफल:

 छात्रों को समानता का भाव अपनाने की शिक्षा मिली ।

- छात्र समाज में फैल रहे अंध विश्वासों के प्रति सचेत हुए ।
- 3. छात्रों के व्याकरणिक ज्ञान में वृद्धि हुई।
- छात्रों ने अपने मन के भावों को अभिव्यक्त करना सीखा ।

Unit 13 07.01.2021 to 15.01.2021 (07)

वसंत : पाठ 3 हिमालय की बेटियाँ (निबंध)

व्याकरण : संधि (स्वर संधि)

पिटारा : पाठ 11 टिकट अलबम

रचनात्मक-अनौपचारिक पत्र

गतिविधि:

- निदयों के उन पुलों का सचित्र वर्णन कीजिए जिन्होंने दूर दराज के देश के हिस्सों को जोड़ने का कार्य किया है।
- 2. कोई एक अलबम तैयार करें। अधिगम के प्रतिफल:
- 1. छात्रों के सामान्य ज्ञान में वृद्धि हुई।
- 2. छात्रों ने संधि प्रकरण को ध्यानपूर्वक समझा ।

Unit 14 18.01.2021 to 30.01.2021 (10)

वसंत : पाठ 16 भोर और बरखा (कविता)

पिटारा : पाठ 9 एटिला

व्याकरण : अशुद्धि शोधन

रचनात्मक-अनौपचारिक पत्र लेखन

गतिविधिः : मीरा के कुछ अन्य पदों का संकलन

करके कक्षा में सुनाइए ।

अधिगम के प्रतिफल:

- छात्रों ने माँ यशोदा के बाल-कृष्ण के प्रति वात्मल्य-प्रेम को जाना ।
- छात्रों ने मीरा का श्री कृष्ण के प्रति अनन्य भिक्त व प्रेम को जाना ।
- छात्रों ने हास्य कहानी के माधयम से पशु प्रवृति को समझा ।

Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)

वसंत : पाठ 2 दादी माँ (कहानी)

पिटारा : पाठ 10 वामा

व्याकरण : पुनरावृति

रचनात्मक-लोकोक्तियाँ

गतिविधिः : अपनी दादी माँ के संस्मरण बताते

हुए 80-100 शब्दों का निबंध लिखें

अधिगम के प्रतिफल:

प्रत्येक पाठ का माइंड मैप तैयार करवाया गया जिससे

कि पाठ को समझना व पुनरावृति करना सरल हो गई। ASSESSMENT SCHEDULE:

Periodic Asst. 1 20.04.2020 to 13.07.2020

वसंत : हम पंछी उन्मुक्त गगन के

पिटारा : पाठ 1

व्याकरण : वर्ण विचार, वर्ण-विच्छेद

रचनात्मक-अनुच्छेद लेखन, अपठित गद्यांश ।

Periodic Asst. 2 20.07.2020 to 24.08.2020

वसंत : मिठाईवाला, कठपुतली

पिटारा : पाठ 2, 3

व्याकरण-शब्द विचार, वर्ण विचार

रचनात्मक-पत्र लेखन, अपठित काव्यांश ।

Half Yearly Exams 14.09.2020 to 25.09.2020

वसंत : पाठ 1, 4, 5, 6, 7, 8, 9,1 8

पिटारा : पाठ 1, 2, 3, 4, 5

व्याकरण : शब्द विचार, वर्ण विचार, पद

परिचय, विकारी शब्द, शब्द भंडार

रचनात्मक : अनुच्छेद, पत्र लेखन, अपठित

काव्यांश, चित्र वर्णन, अपठित

गद्यांश

Periodic Asst. 3 12.10.2020 to 07.12.2020

वसंत : कंचा, रहीम के दोहे

व्याकरण : लोकोक्तियाँ, पद परिचय,

क्रिया विशेषण

रचनात्मक : विज्ञापन, संवाद लेखन,

अपठित गद्यांश

Periodic Asst. 4 14.12.2020 to 01.02.2021

वसंत : नीलकंठ, एक तिनका

पिटारा : तीन सवाल

व्याकरण : वाक्य विचार, मुहावरे, उपसर्ग, प्रत्यय

रचनात्मक : पत्र लेखन, अनुच्छेद लेखन

Annual Exams 15.02.2021 onwards (Tenta.)

वसंत : पूरे सत्र में करवाया गया पूर्ण कार्य।

पिटारा : पूरे सत्र में करवाया गया पूर्ण कार्य ।

व्याकरण : पूरे सत्र में करवाया गया पूर्ण कार्य।

रचनात्मक : पत्र लेखन, अनुच्छेद लेखन, विज्ञापन

लेखन, संवाद लेखन, चित्र वर्णन

पाठन : अपठित गद्यांश, अपठित काव्यांश ।

# **MATHEMATICS**

#### Prescribed Book:

- 1. Mathematics Text Book (NCERT)
- 2. Exemplar (NCERT)
- 3. Empowering Mental Maths cum Practice book (Pitambar Publications)

**Reference Book:** Empowering Mathematics (Pitambar Publications

#### **General Objectives:**

- > To make learning Mathematics enjoyable for the learners.
- > To develop the logical and mathematical skills of the learners.
- > To increase the competitive skills of the learners.
- > To facilitate character-building and develop a sense of value in learners.
- > To understand mathematical language including the symbols.
- > To help the child to develop a better understanding of logic & appreciating the motion of proof.

Unit 1 30.03.2020 to 18.04.2020 (13)

Topic : Ch-1: Integers

# **Learning Outcomes:**

To make the learners understand the concept and fundamental operations on integers and its properties.

### **Art Integration/Activity:**

To show that addition is commutative for integers by paper cutting and pasting using graph paper

(10)

Unit 2 20.04.2020 to 01.05.2020 Topic : Ch-5 : Lines & Angles

Revision for PA 1

# **Learning Outcomes:**

Students would be able to explore:

- Pairs of angles
- Transversal and the angles it forms
- Properties of parallel lines with transversal

## Art Integration/Activity:

To verify by paper cutting and pasting that when a pair of parallel lines is cut by a transversal, then the pair of

- a) Alternate angles are equal
- b) Corresponding angles are equal

Unit 3 04.05.2020 to 15.05.2020 (09): Ch-5 : Lines & Angles (contd..) Topic

Ch-3: Data Handling

#### **Learning Outcomes:**

Students would be able to explore:

- Collection and organisation of data
- Mean, median and mode of ungrouped data
- Construction of bargraphs
- Probability using data through experiments

#### Art Integration/Activity:

Drawing and comparing bar graphs

Unit 4 29.06.2020 to 10.07.2020 (11) Topic : Ch-15 : Visualising Solid Shapes

Ch-11: Perimeter & Area

# **Learning Outcomes:**

Students would be able to explore:

- Nets of Solid shapes
- Drawings of 3D figures in 2D showing hidden faces
- Visualising solid objects
- Perimeter of 2D figures
- Idea of Pie and circumference of circle
- Area of square, rectangle, triangle, parallelogram, circle
- Area between 2 rectangles and 2 concentric circles

# Art Integration/Activity:

Cutout nets for a cube, cuboid and cone to obtain 3D objects

To find the relation between diameter and circumference of a circle

Unit 5 13.07.2020 to 24.07.2020 (10)Topic : Ch-11 : Perimeter & Area (contd) Ch-2: Fraction and Decimals

#### **Learning Outcomes:**

Students would be able to explore:

- knowledge of fractions and the operations on fractions.
- Operations on decimal numbers
- Conversion of units

### Art Integration/Activity:

Deriving a formula for area of a given triangle given its base and height.

Unit 6 27.07.2020 to 07.08.2020 (09)Topic : Ch-2: Fraction and Decimals (contd)

Revision for PA II

# Art Integration/Activity:

Paper folding activity on number line of fractions Unit 7 10.08.2020 to 21.08.2020 (09): Ch-6: Triangle and its Properties Topic

# **Learning Outcomes:**

Students would be able to explore:

- Median and altitudes of a triangle
- Angle sum property of a triangle
- Exterior angle property of a triangle
- Triangle inequality property
- Pythagoras theorem

# **Art Integration/Activity:**

To verify experimentally that the sum of the three angles of a triangle is 1800

Unit 8 & Rev. 24.08.2020 to 11.09.2020 (15)

: Ch-8 : Comparing Quantities Topic Revision for Half Yearly Exams

# **Learning Outcomes:**

Students would be able to explore:

- ratio and proportions
- · Unitary method
- Percentage
- Conversion of fractions, decimals and ratios into percentage and vice versa

Unit 9 28.09.2020 to 16.10.2020 (15)

Topic : Ch-12 : Algebraic Expressions

Ch-14 : Symmetry Revision for PA III

#### **Learning Outcomes:**

Students would be able to explore:

- The possible combinations of variables and constants using different operations to form
- Algebraic Expressions in various contexts.

### **Art Integration/Activity:**

Rangoli making activity using symmetrical objects

Unit 10 19.10.2020 to 21.11.2020 (17)

Topic : Ch-4 : Simple Equations

#### **Learning Outcomes:**

To enhance the knowledge of simple linear equations by making the learners understand the concept of equality, the value of the equations and the shifting of nos. from one side of the equation to the other side.

Unit 11 23.11.2020 to 05.12.2020 (10)

Topic : Ch-9 : Rational Numbers

Revision for PA IV

Unit 12 07.12.2020 to 24.12.2020 (13)

Topic : Ch-10 : Practical Geometry

**Learning Outcomes:** Students would be able to: Construct a line parallel to given line from a point outside it understand the accurate method of constructions of parallel lines and triangles.

## Art Integration/IActivity:

Construction of triangles

Unit 13 07.01.2021 to 15.01.2021 (07)
Topic : Chapter 13 Exponents and Powers
Learning Outcomes: Students would be able to:

- Use exponents to express small as well as large numbers
- · State the laws of exponents
- Express large numbers in scientific notation

#### Art Integration/Activity:

Study of data about solar system and write their distances and diameters in standard form using tabular form of representing data

Unit 14 18.01.2021 to 30.01.2021 (10)
Topic : Ch-7 : Congruence of triangles

#### **Learning Outcomes:**

Students would be able to explore:

- · Congruence through superposition
- Congruence of triangles and circles
- Criteria of congruence of triangles-SSS, SAS, ASA, RHS

#### Art Integration/Activity:

To verify that two congruent triangles are equal in area using squared paper

Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)

Topic : Revision

ASSESSMENT SCHEDULE :

Periodic Asst. 1 20.04.2020 to 13.07.2020

Topic : Ch-1 : Integers

Periodic Asst. 2 20.07.2020 to 24.08.2020

Topic : Ch-5 : Lines and Angles Ch-3 : Data Handling

Ch-15: Visualising solid shapes

Half Yearly Exams 14.09.2020 to 25.09.2020

Topic : Ch-1, 2, 3, 5, 6, 8, 11, 15 **Periodic Asst. 3 12.10.2020 to 07.12.2020** 

Topic : Ch-12 : Algebraic Expression

Ch-14 : Symmetry

Periodic Asst. 4 14.12.2020 to 01.02.2021

Topic : Ch-4 : Simple Equations

Ch-9 : Rational Numbers

Annual Exams 15.02.2021 onwards (Tenta.)

Topic : Full Syllabus

# **SCIENCE**

#### **Prescribed Book:**

Science Text Book for Class VII

Publication: NCERT General Objectives:

- ❖ To develop understanding of some basic principles and laws of science.
- To familiarize the learners with life processes, health and wellness, nutrition and human diseases.
- To provide scientific and technological literacy to the learners.
- To understand the processes that underline scientific principles.
- To make learners capable of applying basic scientific principles.
- To develop problem solving and decision making skills.
- To develop an attitude which would equip them to continue science and technology education throughout life.

# Specific Objectives: To enable students to:

- Explore surroundings( e.g. field trip for some concepts such as getting to know plants)
- ♦ Record observations about nutrients present in food items, and draw inference
- To enable students to present information in tabular form (waste water treatment process)
- ♦ Perform experiments based on concepts such as principles of light.
- Demonstrate values imbibed by them through the topic.
- To make students understand applications of basic scientific principles to solve problems related to daily life.

To develop an attitude which would equip them to continue science and technology education throughout their life.

Unit 1 30.03.2020 to 18.04.2020 (13)

Topic : Ch-1 Nutrition in plants

#### **Art Integration:**

- 1. Identifying ingredients in different food items.
- 2. Preparing a chart on modes of nutrition in plants

#### **Learning Outcomes:**

to seek answers to queries e.g. how symbiotic relationships help plants to obtain nutrients Describe how heterotrophic plants obtain nutrients.

Unit 2 20.04.2020 to 01.05.2020 (10)

Topic : Ch-2 Nutrition in animals Ch-3 Fiber to Fabric

#### Art Integration:

- 1. draw and label human digestive system
- 2. collection of different types of fabrics

### **Learning Outcomes:**

- applies learning of scientific concepts in how the food is consumed, and how the body utilizes the food
- 2. -selecting season appropriate fabrics
- 3. distinguish among different types of fibres.

Unit 3 04.05.2020 to 15.05.2020 (09)

Topic : Ch-14 Electric current and its effect

# **Art Integration:**

- 1. Making simple circuits by using wire, bulb and key.
- 2. Diagram of Electric bell

### **Learning Outcomes:**

- differentiates materials such as electrical conductors and insulators
- 2. constructs models using materials from

surroundings and explains their working, e.g. electric bell

Unit 4 29.06.2020 to 10.07.2020 (11)

: Ch-5 Acid, bases and salt Ch-17 Forest

#### **Art Integration:**

Topic

To identify chemical nature of household liquids using indicator

#### **Learning Outcomes:**

- To identify acid and bases with the help of indicators
- 2. Uses of neutralization in day to day life

Unit 5 13.07.2020 to 24.07.2020 (10)

Topic : Ch-6 Physical and Chemical changes

#### **Art Integration:**

 Demonstration of some Physical and Chemical changes

#### **Learning Outcomes:**

 simple investigations to seek answers to queries ,e.g., Can all physical changes be reversed?

Unit 6 27.07.2020 to 07.08.2020 (09)

Topic : Ch-8 Weather, climate and adaptation

## **Art Integration:**

 To study adaptive features of different animals. Recording weather report for a week

# **Learning Outcomes:**

- applies learning of Elements of weather related processes and phenomenon with causes, e.g. adaptations of animals and plants with their habitat
- 2. Sensitizing the child towards its surroundings

Unit 7 10.08.2020 to 21.08.2020 (09)

Topic : Ch-4 Heat

### **Art Integration:**

 experiment to show the use of lab thermometer for Noting temperature

#### **Learning Outcomes:**

 understands the effects of heat on an object and different methods of heat transfer

Unit 8 & Rev. 24.08.2020 to 11.09.2020 (15)

Topic : Ch-15 Light

#### Art Integration:

- 1. Observing reflection through plane mirror in science park.
- 2. To study reflection and image formation

#### **Learning Outcomes:**

Enjoy interesting trivia related to spherical mirrors (concave and convex) and plane mirror, optics, sunlight. Understand the differences between mirrors and lenses. Constructs models using materials from surroundings and explains their working, e.g. newton disc

Unit 9 28.09.2020 to 16.10.2020 (15)
Topic : Ch-10 Respiration in organism

# **Art Integration:**

Model of lungs for breathing mechanism

**Learning Outcomes :** students will be able to : explain the function of the respiratory system & describe process of respiration

Unit 10 19.10.2020 to 21.11.2020 (17)

Topic : Ch-9 Soil

Ch-11 Transportation in animals and plants

# **Art Integration:**

- To perform soil percolation activity
- · Study excretory system in human beings

### **Learning Outcomes:**

1. know the different types of soil and their role in crop production

2. understand the functions of the human excretory system

Unit 11 23.11.2020 to 05.12.2020 (10)

Topic : Ch-12 Reproduction in plants

## **Art Integration:**

- 1. Diagram of flower
- 2. cutting section of ovary to observe ovules

#### **Learning Outcomes:**

- know the different types of asexual modes of reproduction in plants
- · Identifies the parts of the flower

Unit 12 07.12.2020 to 24.12.2020 (13)

Topic : Ch-16 Water

Ch-15 Waste water story

#### **Art Integration:**

- Graph activity on distribution of water on earth
- 2. Group discussion on better housekeeping practices

#### **Learning Outcomes:**

- 1. Understands the importance of water.
- relates processes and phenomenon with reference to water cycle know the different steps of waste water treatment plant

Unit 13 07.01.2021 to 15.01.2021 (07)

Topic : Ch-13 Motion and time

# **Art Integration:**

- observing the periodic motion in hands of a clock/watch
- 2. Making graph of uniform and non-uniform motion

# **Learning Outcomes:**

- 1. measures physical quantities and expresses in SI units, e.g., speed
- identification and discrimination of various types of motion

**Unit 14 18.01.2021 to 30.01.2021 (10)** Topic : Ch-18 Wind, storm and cyclone

Art Integration: Air pressure activity

Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)

Topic : Revision

#### **ASSESSMENT SCHEDULE:**

Periodic Asst. 1 20.04.2020 to 13.07.2020

Topic : Ch-1 and 2

Periodic Asst. 2 20.07.2020 to 24.08.2020

Topic : Ch-5 and 14

Half Yearly Exams 14.09.2020 to 25.09.2020

Topic : CH- 1, 2, 3, 4, 5, 6, 8, 14 and 17

Periodic Asst. 3 12.10.2020 to 07.12.2020

Topic : Ch-10 and 11

Periodic Asst. 4 14.12.2020 to 01.02.2021

Topic : Ch-12 and 13

Annual Exams 15.02.2021 onwards (Tenta.)

Topic : Full syllabus

# **SOCIAL SCIENCE**

# Prescribed Book : NCERT Text Book Learning Objectives :

- Social science is an integral component of general education because it helps the learners in understanding the environment in its totality and developing a broader perspective and an empirical, reasonable and human outlook.
- Students will be able to understand and analyze the inter-relationship between physical and human environments and their impact.
- Students will familiarize themselves with the terms, key concepts and basics of geography.
- Students will be acquainted with attitudes and values which are necessary to healthy

- civic and political life.
- Students will also be able to understand the fundamental duties, rights and directive principles.
- To develop an understanding of society and the human condition.
- For teaching various methods will be used: lecture method, talk and chalk, play way method, Demonstration through Maps and models as per the syllabus.

### **Specific Objectives:**

- To identifies major layers of the earth's interior, rock type, layers of the atmosphere in a diagram.
- To be able to cope with present with the knowledge and understanding of the past will be able to plan for the future.
- To provide the knowledge, skills and attitudes that will help them to become competent and responsible citizens who are informed, thoughtful, participate in their community and exhibit moral and civic virtue.
- To develop an ability to think critically about societal issue and learn how to address them based on their understanding of social values.
- To enable the students understand various facts about past to enhance their awareness.
- Acquire the basic skills of map reading and do map work.

Unit 1 30.03.2020 to 18.04.2020 (13)

History : Ch-1 Tracing changes through a

thousand years.

Civics : Ch-1 On Equality

Geography: Ch-1 Our Environment

Activity : Collage on "Our Environment" Learning Outcomes :

- 1. To familiarize the students with the changing names of the land.
- 2. To understand the importance of the idea of equality and dignity in democracy.
- To understand the environment in its totality including various components both natural and human.

Unit 2 20.04.2020 to 01.05.2020 (10)
History : Ch-2 New Kings and Kingdoms
Civics : Ch-2 Role of Government in

Health

Geography: Ch-2 Inside Our Earth

Activity : Discussion about the Health

condition

### Learning Outcomes:

- To trace the patterns of political developments and military conquests.
- 2. To understand how the government makes decisions to improve the healthcare in India.
- 3. To explain the components of natural environment.

Unit 3 04.05.2020 to 15.05.2020 (09)

History : Ch-3 The Delhi Sultans Geography : Ch-3 Our Changing Earth

Civics : Ch-3 How the State Government

Works

Activity : Flow Chart of Delhi Sultan

Learning Outcomes:

- 1. To outline the development of relationships amongst rulers.
- 2. To appreciate and develop sensitivity towards different environments.
- 3. To gain a sense of the nature of decisionmaking within a state government.

Unit 4 29.06.2020 to 10.07.2020 (11)

History: Ch-3-Contd.

Geography: Ch-3-Contd.

Civics : Ch-4-Growing up as boys and girls

Activity : Poster on Gender equality

Learning Outcomes:

To understand that gender is a social construct and not determined by biological differences.

Unit 5 13.07.2020 to 24.07.2020 (10)

History : Ch-4 The Mughal Empire

Geography: Ch-4 Air Civics: Ch-4 Contd.

Activity : Diagram of Composition of air

Visit to historical monuments.

#### Learning Outcomes:

- 1. To trace the political history of the 16th and 17th centuries.
- 2. To understand about atmosphere and its elements.

Unit 6 27.07.2020 to 07.08.2020 (09)

History : Ch-5 Rulers and Buildings

(Activity Based)

Geography: Ch-5 Water

Civics : Ch-5 Women change the world Activity : Poster on Women Empowerment Learning Outcomes :

- To understand the engineering and construction skills, styles used to build; waterworks.
- 2. To know about the distribution of water on the earth.
- 3. To link everyday practices with the creation of inequality and question it.

Unit 7 10.08.2020 to 21.08.2020 (09)

History : Ch-6 Towns, Trades and Crafts

People

Geography: Ch-6 Natural Vegetation and

wildlife

Civics : Ch-6 Understanding Media

Activity : Map work

### Learning Outcomes:

- 1. To trace the origins and histories of towns.
- To find out the nature of diverse flora and fauna.
- To understand the role of the media in facilitating interaction between the government and citizens.

Unit 8 & Rev. 24.08.2020 to 11.09.2020 (15)

History : Ch-7 Tribes, Nomads and Settled

Communities

Geography: Ch-6 Contd.

Civics : Ch-7 Understanding Advertising

Activity : Make Your Visiting Card

Learning Outcomes:

- To convey an idea of long term social change and movements of people in the sub continent.
- 2. To understand the link between information and power.

Unit 9 28.09.2020 to 16.10.2020 (15)

History : Ch-8 Devotional Paths to the

Divine (Activity Based)

Geography: Ch-7 Human Settlement
Civics: Ch-8 Market Around Us
Activity: Visit to a nearby Market

Learning Outcomes:

- To understand how Kabir challenged formal religions.
- 2. To explain the relationship between natural environment and human habitation.
- 3. To understand markets and their relation to everyday life.

Unit 10 19.10.2020 to 21.11.2020 (17)
History : Ch-9 The Making of Regional

: Ch-9 The Making of Regional Cultures (Activity Based)

Geography: Ch-8 Human Environment

Activity : Comparison on the life of people

in Amazon Basin Vs Ganga

Brahmaputra Basin

Learning Outcomes:

- 1. To provide a sense of the development of regional cultural forms.
- 2. To compare lives in different surroundings or environmental settings.

Unit 11 23.11.2020 to 05.12.2020 (10)

Geography: Ch-9 Life in the Temperate

Grassland

Activity : Comparison between Prairies and

Velds

Learning Outcomes:

To understand the complex inter relationship between humans living in temperate grasslands and their natural environments.

Unit 12 07.12.2020 to 24.12.2020 (13)

History : Ch-10- 18th C Political Formation

Geography: Map Work of Ch-9

Activity : Map Work Learning Outcomes :

To delineate developments related to the Sikhs, Rajputs, Marathas, later Mughals, Nawabs of Awadh and Bengal and Nizam of Hyderabad.

Unit 13 07.01.2021 to 15.01.2021 (07)

History : Ch-10 Contd.

Geography: Ch-10 Life in the Deserts Civics: Ch-9 A Shirt in the market

Activity: Workshop by Wholesale Merchants Learning Outcomes:

- To appreciate the cultural differences that exists in the world due to interactions between humans and their different environments.
- To understand markets and their function to link scattered producers and consumers.

Unit 14 18.01.2021 to 30.01.2021 (10)

Geography: CH-10 Contd

Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)

**Revision for Annual Examination** 

**ASSESSMENT SCHEDULE:** 

Periodic Asst. 1 20.04.2020 to 13.07.2020

History: Ch-1 Geography: Ch-1 Civics: Ch-1

Periodic Asst. 2 20.07.2020 to 24.08.2020

History : Ch-2 Geography : Ch-2 Civics : Ch-2

Half Yearly Exams 14.09.2020 to 25.09.2020

History : Ch-1, 2, 3, 4, 5 Geography : Ch-1, 2, 3, 4, 5 Civics : Ch-1, 2, 3, 4, 5

Periodic Asst. 3 12.10.2020 to 07.12.2020

History : Ch-6 Geography : Ch-6 Civics : Ch-6

Periodic Asst. 4 14.12.2020 to 01.02.2021

History: Ch-7 Geography: Ch-7 Civics: Ch-7

Annual Exams 15.02.2021 onwards (Tenta.)

History : Full Syllabus Geography : Full Syllabus Civics : Full Syllabus

संस्कृत

प्रस्तावित पुस्तकें :

1. रुचिरा भाग-2 एन.सी.ई.आर.टी.

2. व्यवहारिक संस्कृत व्याकरण संहिता भाग-2 गोयल बर्द्स प्रकाशन Unit 1 30.03.2020 to 18.04.2020 (13)

रुचिरा : पाठ:1, 2 शुभाषितानि

व्याकरणम् : पाठ:1 वर्णविचार, परिचय: च

रचनात्मक लेखनम्-अपठित गद्यांशम् ।

शिक्षणप्रतिफल: कवियों के माध्यम से मानव जीवन का महत्त्व बताना, परिश्रम एवं गुणों के महत्त्व को समझाना, क्रोध न करते हुए सत्य के आचरण पर बल देना, सख-दख को बराबर समझना।

क्रियाकलापः श्लोकगायनम् ।

Unit 2 20.04.2020 to 01.05.2020 (10)

रुचिरा : पाठ: 2 दुर्बुद्धि: विनश्यति

व्याकरणम् : पाठ: ३ शब्द विचार (वर्णविन्यास:,

संयोगः च) शब्दरुपाणि संज्ञा,

सर्वनाम

रचनात्मक - कथा/संवादलेखनम् ।

शिक्षणप्रतिफल : बडों, मित्रों की हितकारी बातों का पालन करने से जीवन सुखी व समद्ध होता है ।

क्रियाकलापः : संवाद कथनम् ।

Unit 3 04.05.2020 to 15.05.2020 (09)

रुचिरा : पाठ: 3 स्वावलम्बनम्

व्याकरणम् : पाठ: 4, 5 कर्ता (संबोधन), कर्म

कारकः, धातुरुपाणि ।

रचनात्मक-पत्रलेखनम् ।

शिक्षणप्रतिफल: पराधीन मनुष्य कभी सुखी नहीं रह सकता है तथा आत्मनिर्भरता स्वाभिमान जगाती है कष्टों से बचाव का श्रेष्ठ मार्ग यही है। क्रियाकलापः गीतगायनम्

Unit 4 29.06.2020 to 10.07.2020 (11) रुचिरा : पाठ: 4 हास्य बाल कवि सम्मेलनम्

व्याकरणम् : पाठः 6, 7 करण, संप्रदान कारकाः

रचनात्मक - चित्रवर्णनम् ।

शिक्षणप्रतिफल: हास्य यह सिर्फ एक कला ही नहीं है अपितु एक दर्शन है। हास्य योग के द्वारा तन तथा मन को स्वस्थ रख सकते हैं।

क्रियाकलापः हास्यकणिका कथनम् लेखनम् च । Unit 5 13.07.2020 to 24.07.2020 (10)

रुचिरा : पाठ: 5 पण्डिता रमाबाई

व्याकरणम् : पाठ: 8, 9, 10 अपादान, संबंध,

अधिकरण कारका: । ( शब्दरुपाणि

संज्ञा )

रचनात्मक-संस्कृत अनुवाद कार्यम् ।

शिक्षणप्रतिफलः स्त्रीि शक्षाए वंअन्यक ुरीतियोंक ो समाप्त करने में पण्डिता रमाबाई के योगदान से परिचित करवाना ।

क्रियाकलापः वाक्यरचना, रमाबाई ।

Unit 6 27.07.2020 to 07.08.2020 (09)

रुचिरा : पाठ: 6 सदाचार:

व्याकरणम् : पाठ:12 संज्ञा शब्दरुपाणि,

(समयलेखनम्)

रचनात्मक-अपठित गद्यांशम्।

शिक्षणप्रतिफल : आलस्य के दुषरिणाम एवं परिश्रम, समय पालन तथा सत्य एवं प्रिय कथन सदाचार आदि का महत्त्व बताया जाएगा ।

क्रियाकलापः अनुच्छेद लेखनम् । सदाचारः

Unit 7 10.08.2020 to 21.08.2020 (09)

रुचिरा : पाठ: 7 संकल्प: सिद्धिदायक:

व्याकरणम् : पाठः 13 सर्वनाम शब्दरुपाणि

( संख्याः )

रचनात्मक-कथा/संवादलेखनम् ।

शिक्षणप्रतिफल: संकल्प तथा संकल्प प्राप्ति हेतु कठिन परिश्रम का महत्त्व बताया जाएगा। लक्ष्य प्राप्ति के मार्ग में निराशा का कोई स्थान नहीं होना चाहिए।

क्रियाकलापः : पितरं प्रति पत्रम् ।

Unit 8 & Rev. 24.08.2020 to 11.09.2020 (15)

रुचिरा : पाठ: 8 त्रिवर्ण: ध्वजा

व्याकरणम् : पाठ: 14 विशेषण ।

रचनात्मक-पत्रलेखनम् ।

शिक्षणप्रतिफल: भारतीय राष्ट्र ध्वज के तीनों रंगो एवं उनके गुणों से अवगत कराकर उन्हें जीवन में अपनाने हेतु प्रेरित करना ।

क्रियाकलापः : राष्ट्र ध्वज सचित्र वाक्य रचना ।

Unit 9 28.09.2020 to 16.10.2020 (15)

रुचिरा : पाठ: 9 अहमपि विद्यालयं गमिष्यामि

व्याकरणम् : पाठः 15 धातुरुपाणि ।

रचनात्मक - चित्रवर्णनम् ।

शिक्षणप्रतिफल : बालिकाओं को शिक्षित करना आवश्यक है । कम उम्र की बालिकाओं को किसी के घर में कार्य करने हेतु भेजना अपराध है । निशुल्क शिक्षा की योजना की जानकारी । क्रियाकलापः मम दिनचर्या । दिनचर्या लेखनम् ।

Unit 10 19.10.2020 to 21.11.2020 (17)

रुचिरा : पाठ: 10 विश्वबन्धुत्वम् ।

व्याकरणम् : पाठः 16 अव्ययाः

(अशुद्धि संशोधनम्)

रचनात्मकलेखनम्-अपठितगद्यांशम् ।

शिक्षणप्रतिफल: यह मेरा है यह तेरा है यह छोटी सोच है। इससे बचना तथा हमारे पूर्वजों के संदेश संपूर्ण पथ्वी ही परिवार है। यह बताना।

क्रियाकलापः विश्वबन्धुत्वम, अनुच्छेदलेखनम् ।

Unit 11 23.11.2020 to 05.12.2020 (10)

रुचिरा : पाठ: 11 समवायो हिदुर्जय:।

व्याकरणम् : पाठ:17 सन्धा

रचनात्मकलेखनम्-अनुवादस्य अभ्यासः ।

शिक्षणप्रतिफल: एकता मे ही शक्ति है। संघे शक्ति कलयुगे। के भवानुसार एकता के साथ रहना सिखाया जाएगा।

क्रियाकलापः पाठाधारित अभिनयः

Unit 12 07.12.2020 to 24.12.2020 (13)

रुचिरा : पाठ: 12 विद्या धनम् ।

व्याकरणम् : धातुरुपाणि पुनरावृत्तिः ।

शिक्षणप्रतिफल: विद्या के महत्त्व को बताना। जीवन के सभी संकटों का हल विद्या में ही समाहित हैं। विद्या ही सभी सुखों को देने वाली है

क्रियाकलापः विद्यायाः महत्वं विषये श्लोकरचना । Unit 13 07.01.2021 to 15.01.2021 (07)

रुचिरा : पाठ: 13 अमृतंसंस्कृतम् ।

व्याकरणम : पाठ कारक उपपद विभक्तयः पुनरावृत्तिः

रचनात्मकलेखनम्-अनुवादस्य अभ्यासः । शिक्षणप्रतिफलः भारतीय संस्कृत एवं भारतीय संस्कृति भारत की ही नही अपितु संपूर्ण विश्व की धरोहर है। इसका प्रचार प्रसार हम सब का कर्तव्य है। क्रियाकलापः श्लोक गायनम्।

Unit 14 18.01.2021 to 30.01.2021 (10) रुचिरा : पाठः 14 अनारिकायाः जिज्ञासा । व्याकरणम् : शब्द, धातुरुपाणां पुनरावृत्तिः ।

रचनात्मकलेखनम्-अनुवादस्य अभ्यासः ।

शिक्षणप्रतिफल : जिज्ञासा बालपन की सहज प्रवृत्ति होती है । जिज्ञासु बालक होना अच्छी बात है । हमें बच्चों के प्रश्नों के सकारात्मक उत्तर देना चाहिए । क्रियाकलाप: पाठाधारित अभिनय: ।

Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)

रुचिरा : पाठ: 15 लालनगीतम्।

व्याकरणम् : सभी पाठों की पुनरावृत्तिः

रचनात्मकलेखनम्-अभ्यास प्रश्नपत्रस्य अभ्यासः । शिक्षणप्रतिफल : माँ की लोरियों का जीवन में विशेष महत्त्व होता है । प्रकृति भी मातृ स्वरुपा ही होती है । अतः प्रकृति का वर्णन माता के मुख से विशेष आनंददायी होता है ।

क्रियाकलापः गीतगायनम् ।

**ASSESSMENT SCHEDULE:** 

Periodic Asst. 1 20.04.2020 to 13.07.2020

रुचिरा : पाठ 1, 2 शुभाषितानि,

दुर्बुद्धिः विनश्यति

व्याकरणम् : पाठ-1, 2 उच्चारण स्थानानि, वर्णसंयोगः विन्यासः च,पत्रलेखनम्, चित्रवर्णनम् ।

Periodic Asst. 2 20.07.2020 to 24.08.2020

रुचिरा : पाठ: 3, 4 स्वावलम्बनम्

हास्य बाल कवि सम्मेलनम् ।

व्याकरणम् : पाठ: ४, ५ शब्दरुपाणि, धातुरुपाणि,

अनुवादः, संवादः च ।

Half Yearly Exams 14.09.2020 to 25.09.2020 खण्ड क-अपिटत अवबोधनम्, खण्ड ख-पत्र लेखनम्, संवादलेखनम्, चित्रधारितंवर्णनम्, हिन्दीतः संस्कृतेअनुवादः । खण्ड ग-वर्णिवचारः, स्वर व्यंजन संधि, शब्दरूपाणि, संख्यालेखनम्, धातु रूपाणि अव्ययाः, समयलेखनम् । खण्ड घ-पिटतअवबोधनम्, प्रश्निर्माणम्, शब्दार्थं मेलनम् । पाठः एकतः अष्टम् पर्यन्तम् । पुनरावृत्तिः 1, 2 । (करवाया गया संपूर्ण व्याकरण परीक्षा में आएगा)

Periodic Asst. 3 12.10.2020 to 07.12.2020

रुचिरा : पाठ 9, 10 अहमपि विद्यालयं गमिश्यामि, विवबन्धत्वम् ।

व्याकरणम् : पाठ-संधिः, समयलेखनम्, पत्रलेखनम्, चित्रवर्णनम् ।

Periodic Asst. 4 14.12.2020 to 01.02.2021

रुचिरा : पाठ 11, 12 समवायो हिंदुर्जय:,

विद्या धनम् ।

व्याकरणम् : पाठ-संख्या, प्रत्यया:, पत्रलेखनम्,

चित्रवर्णनम् ।

Annual Exams 15.02.2021 onwards (Tenta.) खण्ड क-अपिटत अवबोधनम्, खण्ड ख-पत्र लेखनम्, संवादलेखनम्, चित्रधारितं वर्णनम्, अनुवादकार्य । खण्ड ग-वर्णविचारः, स्वर व्यंजन संधि, शब्दरूपाणि, संख्या लेखनम्, समय लेखनम्, धातु रूपाणि अव्ययाः । खण्ड घ-पिटत अवबोधनम्, प्रश्न निर्माणम्, शब्दार्थ मेलनम् । पाटः एकतः पन्चदश पर्यन्तम् ।

(करवाया गया संपूर्ण व्याकरण परीक्षा में आएगा)

# **COMPUTER SCIENCE**

**Prescribed Book : Tools 16** 

Publication : KIPS Methodology :

Explaining, Demonstrating, Questioning and Learning by doing in the class as well as in the computer lab.

# General Objectives:

- Laying a strong foundation on different aspects of Computer Science and Information Technology.
- To enable the students to make use of the study of computer science in their day-to day life activities.

# **Specific Objectives:**

- Encourage the students to use software and packages.
- ♦ To develop the intellectual and mental abitlities of the students.
- ◆ To help the students to acquire problem solving ability by training them in scientific

| metho  | od and approach.   | Activity : Lab activity  | Unit 2       | 20.04.2020 to 01.05.2020 (10)                            |
|--|--|--|--------------|--|
| ♦ To help the students in utilizing study of |  | Unit 10 19.10.2020 to 21.11.2020 (17)                          | Topic        | : Ch-5 National parks of India                           |
| computer sciences for the study of other     |  | Topic : More on Python   |              | Ch-6 Indian Currency                                     |
| subje  | •  | Activity : Lab activity  |              | Ch-7 Important days                                      |
| Unit 1                                       | 30.03.2020 to 18.04.2020 (13)  | Unit 11 23.11.2020 to 05.12.2020 (10)                          |              | Ch-8 Unusual Animals                                     |
| Topic  | : Number system  | Topic : Introduction to HTML 5                                 | Unit 3       | 04.05.2020 to 15.05.2020 (09)                            |
| Activity                                     | : Make a comparative chart on all  | Activity : Lab activity related to web page                    | Topic        | : Ch-9 Side effects of mobile phone                      |
|  | the four Number Systems in   | designing  |              | Ch-10 Famous Painters                                    |
|  | notebook.  | Unit 12 07.12.2020 to 24.12.2020 (13)                          |              | Ch-11 World famous Museums                               |
| Unit 2                                       | 20.04.2020 to 01.05.2020 (10)  | Topic : More on CSS  | Unit 4       | 29.06.2020 to 10.07.2020 (11)                            |
| Topic  | : Using Excel as database  | Activity : Lab activity related to web page                    | Topic        | : Ch-12 Futuristic Solar Gadgets                         |
| Activity                                     | : Lab activity for creating forms,   | designing  |              | Ch-13 Music Festivals in India                           |
| Activity                                     | sorting / filtering data in MS Excel   | Unit 13 07.01.2021 to 15.01.2021 (07)                          |              | Ch-14 World of Reptiles                                  |
| Unit 3                                       | 04.05.2020 to 15.05.2020 (09)  | Topic : More on CSS (Contd.)                                   | Unit 5       | 13.07.2020 to 24.07.2020 (10)                            |
| Topic  | : Advance features of Excel  | Activity : Lab activity related to web page                    | Topic        | : Ch-15 Books written in Prison                          |
| Activity                                     | : Lab activity for creating charts in  | designing (40)   |              | Ch-16 Real Heroes  |
| Activity                                     | MS Excel   | Unit 14 18.01.2021 to 30.01.2021 (10)                          |              | Ch-17 Discovery of penicillin that                       |
| Unit 4                                       | 29.06.2020 to 10.07.2020 (11)  | Topic : Cyber Tools  Activity : PPT on the topic 'cyber tools' |              | changed the world of medicine                            |
|  | \ /  | Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)                   | Unit 6       | 27.07.2020 to 07.08.2020 (09)                            |
| Topic  | : Advance features of Excel (Contd.)   | Topic : Cyber Security   | Topic        | : Ch-18 Laughter Therapy                                 |
| Activity                                     | : Lab activity for creating charts in  | Activity : PPT on the topic 'cyber security'                   |              | Ch-19 We are the best                                    |
| =  | MS Excel   | ASSESSMENT SCHEDULE :  | 11::4.7      | Ch-20 Lost cities of the world                           |
| Unit 5                                       | 13.07.2020 to 24.07.2020 (10)  | Half Yearly Exams 16.10.2019 to 27.09.2019                     | Unit 7       | 10.08.2020 to 21.08.2020 (09)                            |
| Topic  | : Log on to Animate CC   | Topic : Unit 1 to 8  | Topic        | : Ch 21 Knowing Antarctica                               |
| Activity                                     | : Lab activity showing different   | Annual Exams 10.02.2020 onwards (Tent.)                        |              | Ch 22 Amazing sculptures Ch 23 Science inventions        |
| 11.34.0                                      | animations   | Topic : Unit 9 to 15   | I Init 9 9 D |  |
| Unit 6                                       | 27.07.2020 to 07.08.2020 (09)  |  | Topic        | ev. 24.08.2020 to 11.09.2020 (15)<br>: Ch-24 War is hell |
| Topic  | : Working with Layers  | GENERAL KNOWLEDGE  | Topic        | Ch-25 World Music  |
| Activity                                     | : Lab activity showing animations  | OLIVERAL KNOWLEDGE   |              | Ch-26 Dr. Har Gobind Khurana                             |
| Unit 7                                       | by using the concept of layers<br>10.08.2020 to 21.08.2020 (09)                            | Prescribed Book :  | Unit 9       | 28.09.2020 to 16.10.2020 (15)                            |
|  | ` '  | Unit 1 30.03.2020 to 18.04.2020 (13)                           | Topic        | : Ch-27 Inspiring Success Stories                        |
| Topic<br>Activity                            | <ul><li>: Working with Layers (Contd.)</li><li>: Lab activity showing animations</li></ul> | Topic : Ch-1 Fascinating Palaces                               | 1.001.0      | Ch-28 Natural Wonders                                    |
| Activity                                     | by using the concept of layers   | Ch-2 Unbelievable natural                                      |              | Ch-29 Colosseum-The pride of                             |
| linit 0 9 i                                  | Rev. 24.08.2020 to 11.09.2020 (15)   | Phenomena  |              | Rome   |
|  | : Introduction to AI & Revision  | Ch-3 Basic Yoganas   | Unit 10      | 19.10.2020 to 21.11.2020 (17)                            |
| Topic Unit 9                                 |  | Ch-4 Earth Day   | Topic        | : CH 30 Preventing Mosquito borne                        |
|  | 28.09.2020 to 16.10.2020 (15)<br>: More on Python  | Citi-4 Latti Day   |              | diseases   |
| Topic  | . Wore on Fymon  |  |              |  |

|   | Ch 31 Child Philanthropists Ch 32 Recently discovered | l  | arn the best use of waste materia something new. | I to |          | MUSIC                           |         |
|---|---|--|--|------|----------|---------------------------------|---------|
|   | animals   | ♦ To make children independent in creating their |  |      | Prescrib | ped Book :                      |         |
| Unit 11   | 23.11.2020 to 05.12.2020 (10)                         | own s  | tyle and skills.                                 |      | Unit 1   | 30.03.2020 to 18.04.2020        | (13)    |
| Topic   | : Ch 33 Set a record                                  | Unit 1   | 30.03.2020 to 18.04.2020                         | (13) | Topic    | : Swar Alankar & Invocation S   | , ,     |
|   | Ch 34 Albert Einstein                                 | Topic  | : Basic Element of Drawing                       |      |          | and School song                 | - cg    |
| Unit 12   | 07.12.2020 to 24.12.2020 (13)                         | Unit 2   | 20.04.2020 to 01.05.2020                         | (10) | Learning | Outcomes: To strengthen their b | asics   |
| Topic   | : Ch 35 The world of robots                           | Topic  | : Shape & Form                                   |      |          | of swar-s through a variety     |         |
|   | Ch 36 Optical Illusion                                | Unit 3   | 04.05.2020 to 15.05.2020                         | (09) |          | Alankar exercises               | •       |
| Unit 13   | 07.01.2021 to 15.01.2021 (07)                         | Topic  | : Use of Space                                   |      | Unit 2   | 20.04.2020 to 01.05.2020        | (10)    |
| Topic   | : Ch 37 Football Positions                            | Unit 4   | 29.06.2020 to 10.07.2020                         | (11) | Topic    | : Definition of Sangeet, Swar,  | ` '     |
|   | Ch 38 Emerging career optionsin                       | Topic  | : Introduction of Perspective                    |      |          | Saptak                          | ,       |
|   | India   | Unit 5   | 13.07.2020 to 24.07.2020                         | (10) | Learning | Outcomes : To enhance their com | nmunity |
| Unit 14   | 18.01.2021 to 30.01.2021 (10)                         | Topic  | : Human figure sketching                         |      |          | singing skills as well as the   | •       |
| Topic   | : Ch-39 Most expensive things in                      |  | (Composition)                                    |      |          | of Hindustani Music.            |         |
|   | the world   | Unit 6   | 27.07.2020 to 07.08.2020                         | (09) | Unit 3   | 04.05.2020 to 15.05.2020        | (09)    |
|   | Ch 40 India creates history with                      | Topic  | : Poster   |      | Topic    | : Motivational song             | , ,     |
|   | Mangalyaan  | Unit 7   | 10.08.2020 to 21.08.2020                         | (09) | Learning | Outcomes : To enhance their     | singing |
|   | Rev. 01.02.2021 to 12.02.2021 (10)                    | Topic  | : Composition                                    |      |          | skills amongst community.       |         |
| •   | Topic : Revision                                      |  | Rev. 24.08.2020 to 11.09.2020                    | (15) | Unit 4   | 29.06.2020 to 10.07.2020        | (11)    |
|   | MENT SCHEDULE :                                       | Topic  | : Composition (Dusshera)                         |      | Topic    | : Qawali part 1                 |         |
|   | ly Exams 14.09.2020 to 25.09.2020                     | Unit 9   | 28.09.2020 to 16.10.2020                         | (15) | Learning | Outcomes : To get acquainted w  | ith     |
| Topic   | : Unit 1 to 8   | Topic  | : Composition                                    |      |          | qawali singing style.           |         |
|   | xams 15.02.2021 onwards (Tenta.)                      | Unit 10  | 19.10.2020 to 21.11.2020                         | (17) | Unit 5   | 13.07.2020 to 24.07.2020        | (10)    |
| Topic   | : Unit 9 to 15  | Topic  | : Object drawing two or three                    |      | Topic    | : Qawali part 2                 |         |
|   |   |  | objects  |      | Learning | Outcomes : To get acquainted w  | ith     |
|   | ART & CRAFT   | Unit 11  | 23.11.2020 to 05.12.2020                         | (10) |          | qawali singing style.           |         |
|   |   | Topic  | : Design   | 446  | Unit 6   | 27.07.2020 to 07.08.2020        | (09)    |
| Prescribe   | ed Book :   | Unit 12  | 07.12.2020 to 24.12.2020                         | (13) | Topic    | : Patriotic Song P – 1          |         |
| General C   | Objectives :  | Topic  | : Technique Painting                             |      | Learning | Outcomes : To know more about   | t the   |
| ♦ To h  | elp students to understand the                        | Unit 13  | 07.01.2021 to 15.01.2021                         | (07) |          | heritage of our country.        |         |
| arrang  | gement of elements in a way that                      | Topic  | : Landscape                                      | 446  | Unit 7   | 10.08.2020 to 21.08.2020        | (09)    |
| appea   | als to the senses.                                    | Unit 14  | 18.01.2021 to 30.01.2021                         | (10) | Topic    | : Patriotic Song P – 1          |         |
| ♦ To develop the skills of art with the intention |   | Topic  | : Sketching                                      | (40) | Learning | Outcomes : To know more about   | t the   |
| of stin   | of stimulating thoughts and emotions.                 |  | Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)     |      |          | heritage of our country.        |         |
| ♦ To dev  | velop the creativity and creative ability in          | Topic  | : Completion and submission                      | Of   | Unit 8 & | Rev. 24.08.2020 to 11.09.2020   | (15)    |
| studei  | nts.  |  | files  |      | Topic    | : Song-Teacher's Day            |         |
|   |   |  |  |      |          | -                               |         |

Learning Outcomes : To develop gratitude outlook towards teachers.

Unit 9 28.09.2020 to 16.10.2020 (1)
Topic : Tal – Dadra, Kehrwa & Rupak

Learning Outcomes: To enhance their

community singing skills as well as the knowledge of tala-s.

(15)

Unit 10 19.10.2020 to 21.11.2020 (17)

Topic : Folk song

Learning Outcomes : To get acquainted with Folk singing.

Unit 11 23.11.2020 to 05.12.2020 (10)

Topic : One Shabad

Learning Outcomes: To develop helping perspective towards the society.

Unit 12 07.12.2020 to 24.12.2020 (13)

Topic : Christmas Carol

Learning Outcomes: To develop helping perspective towards the society.

Unit 13 07.01.2021 to 15.01.2021 (07)

Topic : Patriotic Song part -1

Learning Outcomes : To know more about the heritage of our country.

Unit 14 18.01.2021 to 30.01.2021 (10)

Topic : Patriotic Song part -2

Learning Outcomes : To know more about the heritage of our country.

Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)

Topic : Revision

# **DANCE**

# Prescribed Book :

# Learning Outcomes :

- To make the students to discover basic autonomy and kinesiology.
- To make the students develop their appreciation of art.

Unit 1 30.03.2020 to 18.04.2020 (13)

Topic : Basic Steps of Garba, Basic steps

of Kathak Dance

Learning Outcomes:

By practice of Garba (a folk dance of Gujarat) will give them knowledge of traditional dance steps. They can learn different steps of Tatkar footwork.

Unit 2 20.04.2020 to 01.05.2020 (10)

Topic : Garba dance, Kathak Practice on

Teen Taan

Learning Outcomes:

By practice of Garba (a folk dance of Gujarat) will give them knowledge of traditional dance steps. They can learn different steps of Tatkar footwork.

Unit 3 04.05.2020 to 15.05.2020 (09)

Topic : Dandiya, Kathak Practice on Teen

Taan

Learning Outcomes:

By practice of Garba (a folk dance of Gujarat) will give them knowledge of traditional dance steps. They can learn different steps of Tatkar footwork.

Unit 4 29.06.2020 to 10.07.2020 (11)

Topic

Learning Outcomes:

Unit 5 13.07.2020 to 24.07.2020 (10)

Topic : Folk dance Bhangra, Patriotic

dance

Learning Outcomes:

By practice of Bhangra (a folk dance of Punjab) will give them knowledge of traditional dance steps. They can practice a dance item for Independence Day.

Unit 6 27.07.2020 to 07.08.2020 (09)

Topic : Tatta & Natta Adavus of

Bharatnatyam

Learning Outcomes: Students can learn different steps of Bharatnatvam footwork.

Unit 7 10.08.2020 to 21.08.2020 (09)

Topic : Adavus of Bharatnatyam

Learning Outcomes: Students can learn different steps of Bharatnatyam footwork.

Unit 8 & Rev. 24.08.2020 to 11.09.2020 (15)

Topic : Annual Day practice

Learning Outcomes: They can practice a dance

item for Annual Day.

Unit 9 28.09.2020 to 16.10.2020 (15)

Topic : Annual Day practice

Learning Outcomes : They can practice a dance

item for Annual Day.

Unit 10 19.10.2020 to 21.11.2020 (17)

Topic : Annual Day practice

Learning Outcomes : They can practice a dance

item for Annual Day.

Unit 11 23.11.2020 to 05.12.2020 (10)

Topic : Western Dance

Learning Outcomes:

Students are able to learn different steps of international dances and body movements.

Unit 12 07.12.2020 to 24.12.2020 (13)

Topic : Western Dance

Learning Outcomes:

Students are able to learn different steps of international dances and body movements.

Unit 13 07.01.2021 to 15.01.2021 (07)

Topic : Folk dance Telengana

Learning Outcomes:

By practice of Telengana is a highly energetic dance whichwill give them knowledge of traditional dance steps and a good exercise

Unit 14 18.01.2021 to 30.01.2021 (10)

Topic : Folk dance Telengana,

Learning Outcomes:

By practice of Telengana is a highly energetic dance whichwill give them knowledge of traditional dance steps and a good exercise.

Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)

Topic : Review

# PHYSICAL EDUCATION

#### **Prescribed Book:**

# **General Objectives:**

Physical Education literally means to educate one self through the use and control of the physically movements of the different parts of body. It seeks to develop and enhance the physical, mental and spiritual aspects of man.

Physical Education has main five goals it wishes to achieve, these are:

- 1. Developing a better physique.
- 2. Control of body movement.
- 3. Better mental health.
- 4. Improvement of society as a whole.
- 5. Emotional development.

#### **Specific Objectives:**

- To develop awhareness about Physical Education.
- ❖ To identify the role of warming up and limbering down.
- ❖ To know historical evolution, rules and Terminologies of various sports/games.
- To understand the concept of fatique.
- To understand the concept of Physical Education.
- To knowledge of health.
- To create discipline.
- To leadership qualities.
- To know about the importance of stretching and flexibility.

| Unit 1 | 30.03.2020 to 18.04.2020 (13    |
|--------|---------------------------------|
| Topic  | : Introduction to physical      |
|        | education,Warming up, Jogging,  |
|        | walking, jumping, free movement |
|        | Exercise, commands.             |

Unit 2 20.04.2020 to 01.05.2020 (10)
Topic : Introduction of game, basic skills-

|        | Football, Basketball, kho-kho.     |  |  |
|--------|------------------------------------|--|--|
| Unit 3 | 04.05.2020 to 15.05.2020 (09)      |  |  |
| Topic  | : Commands- Left turn, Right turn, |  |  |
|        | About turn. Track event.           |  |  |
| Unit 4 | 29.06.2020 to 10.07.2020 (11)      |  |  |

Topic

: Physical fitness assessment (I). Body composition (BMI) strength, flexibility, speed and cardiovascular endurance.

Unit 5 13.07.2020 to 24.07.2020 (10)

Topic : Introduction of game, Basic
Fundamental skills- Lawn tennis,
Kabaddi, Cricket.

 Unit 6
 27.07.2020 to 07.08.2020 (09)

 Topic
 : Shuttle run, Marching, Long jump & Badminton.

Unit 7 10.08.2020 to 21.08.2020 (09)
Topic : Football, Basketball, Cricket,
Badminton. Basic skills.

Unit 8 & Rev. 24.08.2020 to 11.09.2020 (15)
Topic : Inter class practice match.
Unit 9 28.09.2020 to 16.10.2020 (15)

Unit 9 28.09.2020 to 16.10.2020 (15)
Topic : Physical fitness assessment test.
Unit 10 19.10.2020 to 21.11.2020 (17)

Unit 10 19.10.2020 to 21.11.2020 (17)
Topic : Physical fitness assessment test continuous. Minor games.

Unit 11 23.11.2020 to 05.12.2020 (10)
Topic : Physical fitness assessment (II).

Unit 12 07.12.2020 to 24.12.2020 (13)

Topic : Minor game, High jump, Ball throw.

Unit 13 07.01.2021 to 15.01.2021 (07)
Topic : Short distance race, Volleyball.
Unit 14 18.01.2021 to 30.01.2021 (10)

Topic : Inter class practice match.

Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)

Topic : Physical fitness assessment test continuous.

# **VALUE EDUCATION**

### **General Objectives:**

Building values is an integral factor in the process of internalization of values because one can only give what one has written. Building values is some what similar to building a house, brick by brick That is why values education for all members of society needs. Value based education for all members of society needs to be seen as a valuable investment.

### Specific Objective:

The Values can be acquired every moment and everyday of out lives but some basic parameters and focus areas are:

- During the process of socialization eg: Immediate family, friends, school teachers, peer group, neighbourhood, etc.
- Contact with the broader community eg:-Family network, mass media work process places etc.
- Habits imbibed as we grow up eg : prohibitions, commands & identifications with family and friends, approval & disapproved of actions, deeds, etc.

Unit 1 30.03.2020 to 18.04.2020 (13)

Content : Doing your best

Activity : Make a pamphlet about the

following people :

Steve Jobs, Sunita Williams,

Nelson Mandela, Sudha Chandran

(10)

Unit 2 20.04.2020 to 01.05.2020

Content : Doing your best

Activity : List of atleast 4 things that you

want to accomplish before this year end. Identify the things that

you need to do.

| Unit 3 Content Activity | 04.05.2020 to 15.05.2020 (09) : Collaboration : Radio show | Activity : Making masks of Gandhi's three monkey. Groups of 4 will prepare a skit of 1 min on it. | Specific Objectives : Students would be able to : Encourage flexible imagination. |
|-------------------------|--|---|---|
| Unit 4                  | 29.06.2020 to 10.07.2020 (11)                              | Unit 12 07.12.2020 to 24.12.2020 (13)   | Stimulate Critical thinking.  |
| Content                 | : Collaboration  | Content : Peace   | ❖ Hold another person's frame of reference in                                     |
| Activity                | : Group Discussion   | Activity : Find out the various symbols of  | life of differing opinions.   |
| Unit 5                  | 13.07.2020 to 24.07.2020 (10)                              | peace used all over the World &   | ❖ Ask questions as an important step to   |
| Content                 | : Respect  | make a small poster in pairs.   | practising good listening.  |
| Activity                | : Make a list of at least 10 situations                    | Unit 13 07.01.2021 to 15.01.2021 (07)  Content : Acceptance of others                             | Evaluate the effect of appreciating others in terms of building relationships.    |
|                         | in day-to-day life in which respect is shown               | Activity : What kinds of inequalities prevail   | <ul> <li>Manage anger that leads to stronger</li> </ul>                           |
| Unit 6                  | 27.07.2020 to 07.08.2020 (09)                              | in our country ? Suggest ways to  | relationships and fewer problems.   |
| Content                 | : Respect  | overcome them.  | Unit 1 30.03.2020 to 18.04.2020 (13)  |
| Activity                | : Celebrating the nation                                   | Unit 14 18.01.2021 to 30.01.2021 (10)   | Topic : Section 1 : Exploring Life skills   |
| ,                       | (Draw a National Symbol of your                            | Content : Acceptance of others  | Unit 1 : An introduction to Life skills   |
|                         | choice & write 5 lines about it.)                          | Activity : Listen & learn different music.  | 1.1 What are life skills?   |
| Activity                | : Get the class to define respect                          | Read books that are windows to  | (Class discussion)  |
| Unit 7                  | 10.08.2020 to 21.08.2020 (09)                              | different cultures.   | Unit 2 20.04.2020 to 01.05.2020 (10)  |
| Content                 | : Freedom  | Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10)  | Topic : Unit 1 : An introduction to Life skills                                   |
| Activity                | : Make a list of for the need to                           | Content : Acceptance of others (contd.)   | 1.5 My strengths in respect to a  |
|                         | monitor freedom.   | Activity : Listen & learn different music.  | group   |
|                         | Rev. 24.08.2020 to 11.09.2020 (15)                         | Read books that are windows to  | (Group discussion)  |
| Content                 | : Freedom  | different cultures. (contd.)  | Activity : Making a collage of different life                                     |
| Activity                | : Debate on freedom is best for                            |   | skills a student possesses  |
| 11:40                   | progress (4.5)   | LIFE SKILLS   | Unit 3 04.05.2020 to 15.05.2020 (09)  |
| Unit 9<br>Content       | 28.09.2020 to 16.10.2020 (15) : Rights & Responsibilities  |   | Topic : Section 2 : Internalizing life skills Unit 4 : Creative Thinking          |
| Activity                | : Class divided into two groups,                           | General Objectives : Students would be able to  | Activity : 1. In the Creative List  |
| Activity                | Rights & Duties, Student will be                           | Acquire a sense of identity.  | 2. Space Travel + worksheet -   |
|                         | asked to list down various donts in                        | Consider the role of positive self-esteem in  | My space ship.  |
|                         | the school premises.                                       | their life.   | Unit 4 29.06.2020 to 10.07.2020 (11)  |
| Unit 10                 | 19.10.2020 to 21.11.2020 (17)                              | Think Critically to find solutions.   | Topic : Unit 4 : Creative Thinking (contd.)                                       |
| Content                 | : Rights & Responsibilities                                | Understand how associating and disassociating things require Critical Thinking.                   | Activity : 1. Thinking creatively   |
| Activity                | : Find out about 6 fundamental                             | <ul> <li>Critically rationalize on various facets of a</li> </ul>                                 | Situations of teasing & bullying will   |
|                         | rights & duties for children.                              | thing.  | be taken to discuss.  |
| Unit 11                 | 23.11.2020 to 05.12.2020 (10)                              | <ul> <li>Practice the life skills in different situations.</li> </ul>                             | (class discussion)  |
| Content                 | : Peace  | <ul> <li>Develop positive attitude.</li> </ul>  | 2. Relations + worksheet  |
|                         |  |   |   |

: 1. My special Greeting Card + Unit 5 13.07.2020 to 24.07.2020 Activity (10)Topic : Unit 4 : Creative thinking (contd.) worksheet Activity : 1. Rack your Brain 2. The Puzzled BAT! 2. Going Crazy Unit 12 07.12.2020 to 24.12.2020 (13)Unit 6 27.07.2020 to 07.08.2020 (09)Topic : Unit-7: Managing Emotions Topic : Unit 5 : Effective communication Activity : 1. Class Discussion on referring to Activity : 1. Asking Questions + Class managing anger + Worksheet discussion. 2. Expressing Emotions 2. You and I statements Unit 13 07.01.2021 to 15.01.2021 (07)(assertiveness) +Worksheet : Unit-7: Managing Emotions Topic Unit 7 10.08.2020 to 21.08.2020 (09)(contd.) : Unit 5 : Effective communication Topic : 1. Managing Emotions Activity (contd.) 2. Handling Anger Activity : 1. Contribution in Group Unit 14 18.01.2021 to 30.01.2021 (10)conversations (in an open space Topic : Unit-7 : Managing Emotions or ground) + Worksheet. (contd.) 2. See, Express and Act + : 1. Emotion Flashcards Activity Worksheet. 2. Understanding Anger + Unit 8 & Rev. 24.08.2020 to 11.09.2020 (15)Worksheet Topic : Unit 5 : Effective communication Unit 15 & Rev. 01.02.2021 to 12.02.2021 (10) (contd.) Topic : Time Management & Study Skills : 1. Good Listening + Worksheet Activity 2. Verbal and non-verbal communication + worksheet 28.09.2020 to 16.10.2020 Unit 9 (15)Topic : Unit 6: Interpersonal Relationships Activity : 1. Appreciating others 2. Interpersonal relationships (forming groups) Unit 10 19.10.2020 to 21.11.2020 (17)Topic : Unit 6: Interpersonal Relationships (contd) : 1. Friendship Recipe! + Worksheet Activity 2. My Relationship Temperature Chart-Hot, Warm and Cold! Unit 11 23.11.2020 to 05.12.2020 (10)Topic : Unit-6: Interpersonal Relationships (contd.)